

Breaking Borders

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Harry Schalk (AUT) - August 2022
音樂: Breaking Down the Borders - Miracle of Sound



Sec. 1: Heel R, Heel L, Kick R 2x, Coaster Step, Step L, ¼ Turn R

1 , 2 Right Heel Touch fwd, Left Heel Touch fwd
3 , 4 RF kick fwd, RF Kick fwd
5 & 6 RF back, LF next to RF, RF Step fwd
7 , 8 LF Step fwd, ¼ Turn right on both Legs Weight on RF

Sec. 2: Cross 2x , Side Rock R, Behind, Side, Cross, Side Rock L

1 , 2 LF cross over RF, LF cross over RF
3 , 4 RF Step right, Weight back on LF
5 & 6 RF cross behind LF, LF next to RF, RF cross over LF
7 , 8 LF Step left, Weight back on RF

Sec. 3: Step L, Step R, Shuffle fwd, Rock Step R, Shuffle ½ Turn R

1 , 2 LF Step fwd, RF Step fwd
3 & 4 LF Step fwd, RF next to LF, LF Step fwd
5 , 6 RF Step fwd, Weight back on LF
7 & 8 RF Step ¼ Turn right, LF next to RF RF Step ¼ Turn right

Sec.4: Step L , Step R Shuffle fwd, Rock Step R, Big Step Back, Recover

1 , 2 LF Step fwd RF Step fwd
3 & 4 LF Step fwd ,RF next to LF LF Step fwd
5 , 6 RF Step fwd, Weight back on LF
7 , 8 RF Big Step Back, LF next to RF

Sec.5: Step R, Recover, Shuffle fwd, Heel Twist R 2x, Touch R fwd, Recover

1 , 2 RF Step right, LF next to RF
3 & 4 RF Step fwd, LF next to RF, RF Step fwd
5 & 6 Heels Turn right , Heels back Heels Turn right
7 , 8 RF touch fwd, RF next to LF (Weight RF)

Sec.6: Step, Recover, Shuffle fwd, Heel Twist 2x, Touch R fwd, Recover

1 , 2 LF Step left, RF next to LF
3 & 4 LF Step fwd, RF next to LF LF Step fwd
5 & 6 Heels Turn left, Heels back, Heels Turn left
7 , 8 LF Touch fwd, LF next to RF (Weight LF)

****RESTART in Wall 2**

Sec. 7 : Step L , Recover, Kick Ball Cross, Side Rock L, Behind Side Cross

1 , 2 LF Step left, RF next to LF
3 & 4 LF kick fwd, LF next RF, RF cross over LF
5 , 6 LF Step left, Weight back on RF
7 & 8 LF cross over RF, RF next to LF, LF cross over RF

Sec. 8 : Step R, Recover, Kick Ball cross, Rock Step R, Step back R, Recover

1 , 2 RF Step right, LF next to RF
3 & 4 RF kick fwd, RF next to LF, LF cross over RF
5 , 6 RF Step fwd, Weight back on LF

7 , 8 RF Step back, LF next to RF

Start the Dance again ..
