

My Whole Heart

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Diana Oglesby (USA) - August 2022
音樂: All 4 Nothing (I'm So In Love) - Lauv



Intro: 32 count vocals. Start with weight on L - No Tags, No Restarts

S1 (1-8) WALK FWD R-L, OUT-OUT, HOLD, IN-IN-, HOLD, ROCK R FWD, RECOVER

1-2 Step R forward (1), step L forward (2)
&3-4 Step R out (&), step L out (3), hold (4)
&5-6 Step R in (&), step L in (5), hold (6)
7-8 Rock R forward (7), recover to L (8)

S2 (9-16) R SIDE, L TOGETHER, R BACK, L TOGETHER, L SIDE, R TOGETHER, L FORWARD, R TOGETHER

1-4 Step R side (1), step L together (2), step R back (3), touch L together (4)
5-8 Step L side (5), step R together (6), step L forward (7), touch R together (8)

S3 (17-24) R FWD STEP-LOCK-STEP, BRUSH L FWD, L FWD LOCK-STEP-LOCK, BRUSH R FWD

1-4 Step R forward (1), lock L behind (2), step R forward (3), brush L forward (4)
5-8 Step L forward (5), lock R behind (6), step L forward (7), brush R forward (8)

S4 (25-32) R ¼ L TURNING SCISSORS, L SCISSORS

1-4 Step R forward (1) turn ¼ L and step L together (2), cross R over (3), hold (4)
5-8 Step L side (5), step R together (6), cross L over (7), hold (8)

REPEAT

Ending – The dance ends 2 counts into wall 12. You will be facing 3:00 at the end of wall 11. In order to end the dance facing 12:00, after the L scissors in S4, step R forward, turn ¼ L and step L together (count is 1&2)

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