

U Coming Along?

拍數: 32 牆數: 4 級數: Improver
編舞者: Lisen Brixvi (SWE) - August 2022
音樂: Coming Along - Sunset Sweatshop



Intro: Start dance after 8 counts

[1-8] Walk, walk, shuffle, cross, ¼ turn L, chasse

1-2 Walk fwd, R, L 12.00
3&4 Step R fwd, step L next to R, step R fwd
5-6 Cross L over R, turn ¼ L and step R back 9.00
7&8 Step L to side, step R next to L, step L to side

[9-16] Cross, ¼ turn R, Sailor-cross ¼ R, chasse, backrock

1-2 Cross R over L, turn ¼ L and step L back 12.00
3&4 Step R behind L, turn ¼ R step L next to R, cross R over L (Bend that last Right knee slightly)
 3.00
5&6 Step L to L, step R next to L, Step L to L
7-8 Rock R behind L, recover weight to L

(Make your restart here during wall 3)

[17-24] Rockstep, lockstep back, walk, walk, coasterstep

1-2 Rock R fwd, recover weight to L
3&4 Step R back, lock L over R, step R back
5-6 Walk back on L,R
Fun option- Instead of walking, make a reverse full turn over L shoulder
7&8 Step L back, step R next to L, step L fwd

[25-32] Cross, samba, cross, samba, jazzbox

1&2 Cross R over L, rock L to L, recover weight to R
3&4 Cross L over R, Rock R to R, recover weight to L
5-6 Cross R over L, step L back
7-8 Step R to R, step L fwd

Restart : During wall 3 there is a restart after your back rock.

Enjoy and have fun!!!