

Omega (OMG)

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Juan C. Gonzalez (USA) - October 2021
音樂: Omega - Benny Cristo



#32 Count intro. No tags, no restarts.

** 1st Place Intermediate/Advance at Vegas Dance Explosion Choreography Competition 2021.

[1-8] 2x Dorothy Steps, Hip-Push, Recover, Step Back, Touch, 2x Clap

1-2& Step RF to the diagonal forward (1), Step LF behind RF (2), Step RF to the diagonal forward (&)

(Note: After wall 1 add ¼ turn left before starting count 1 of each wall) 12:00

3-4& Step LF to the diagonal forward (3), Step RF behind LF (4), Step LF to the diagonal forward (&) 12:00

5-6& Step RF forward pushing R hip forward (5), Recover weight on LF (6), Step RF back (&)

[Easier Option: Rock RF forward (5), Recover weight on LF, (6) Step RF back (&)] 12:00

7&8 Touch L toe forward (7), Clap your hands (&), Clap your hands (8) 12:00

[9-16] Ball-Cross, Back-Back-Cross, ¼ Turn Right Shuffle, Slow Chasse ½ Turn Right

&1 Step LF next to RF (&), Cross RF in front of LF (1) 12:00

2&3 Step LF back (2), Step RF back (&), Cross LF in front of RF (3) 12:00

4&5 Step RF to the side (4), Step LF next to RF (&), Make ¼ turn right stepping RF forward (5) 3:00

6-8 Step LF forward (6), Make ½ turn right stepping RF forward (7), Step LF forward (8) 9:00

[17-24] ¼ Turn Left, ¾ Left Turn Back Chugs, Behind-Side-Cross, Sweep

1 Make ¼ turn left stepping RF to the side (1) 6:00

2-5 Make 1/8 left turn by stepping LF to the side (2), Recover weight on RF (&), Make ¼ left turn by stepping LF to the side (3), Recover weight on RF (&), Make ¼ left turn by stepping LF to the side (4), Recover weight on RF (&), Make 1/8 left turn by stepping LF to the side (5), Recover weight on RF (&)

[Easier Option: Instead of chugs, do paddle turns on LF while keeping weight on RF] 9:00

6&7 Step LF behind RF (6), Step RF to the Side (&), Cross LF in front of RF (7) 9:00

8 Sweep RF from back to the front (8) 9:00

[25-32] Extended Left Weave, Close with snaps, Cross, Full Left Turn

1-2 Cross RF in front of LF (1), Step LF to the side (2) 9:00

3&4 Step RF behind LF (3), Step LF to the side (&), Step RF in front of LF (4) 9:00

&5 Make 1/8 turn right step LF to the side (&), Step RF next to LF and extend your arms out and snap your fingers (5) 11:30

6 Make 1/8 turn left crossing LF in front of RF squaring to the 9:00 o'clock wall (6) 9:00

7 Make ¼ turn left by stepping RF back (7) 6:00

8 Make ½ turn left by stepping LF to the forward (8) 12:00