

# Rock Steady

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 2      級數: Beginner  
編舞者: Amy Christian (USA) - August 2022  
音樂: Rock Steady - The Whispers



**Intro: 48 counts. (No tags or restarts).**

## **ROCK OUT R-L-R-L, LINDY**

1-2            Rock R out to right side, Rock L out to left side, (Styling option – On count 2, bend knees and go low as you rock to left side,)  
3-4            Rock R out to right side, Rock L out to left side, (Styling option – On count 3, bend knees lower as you rock to right side, On count 4, straighten up as you rock to left side),  
5&6            Shuffle to right side R-L-R,  
7-8            Rock L behind R, Recover on R,

## **¼ VINE, BACK-TOUCH (CLAP), BACK-TOUCH (CLAP),**

1-4            Step L to left side, Step R behind L, ¼ left forward on L. Touch R next to L & Clap [9:00]  
5-6            Step R diagonally back, Touch L next to R & Clap, Step L back, Touch R next to L, (Styling Option – as you step back on R, FAN out L foot (5), Then touch L next to R & Clap (6),  
7-8            Step L diagonally back, Touch R next to L & Clap,  
(Styling Option - as you step back on L, FAN out R foot (7), Then touch R next to L & Clap (8),)

## **KICKBALL CHANGE, PIVOT ¼, KICKBALL CHANGE, PIVOT ¼,**

1&2            R Kickball change,  
3-4            Step R forward, Pivot ¼ left on L, [6:00]  
5&            R Kickball change,  
7-8            Step R forward, Pivot ¼ left on L, [3:00]

## **WEAVE, ¼ JAZZBOX WITH A CROSS,**

1-4            Step R across L, Step L to left side, Step R behind L, Step L to left side,  
5-8            Cross R over L, Turning right - ¼ back on L, Step R to right side, Cross L over R, [6:00]

**Start over!**

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