

Take Me Back

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Hiroko Carlsson (AUS) - August 2022
音樂: Take Me Back - Lewis Thompson & David Guetta : (Spotify / Apple Music)



Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)

(Dance starts on lyrics)

[S1] Fwd-Hitch Turn 1/4R, Fwd-2 Hip Bumps/Lift Turn 1/4L, Fwd, Fwd Mambo

1 2 Step forward on R, Hitch L knee making a ¼ turn right (3:00)
3 4 5 Step forward on L, Hitch R knee/R hip bump twice making a ¼ turn left (4 5) (12:00)
6 Step forward on R
7&8 Rock forward on L, Replace weight on R, Step back on L

[S2] Back, Hold-Ball-Paddle Turn 1/4L-Cross, Back, Hold-Ball-Step-Pivot 1/2R-Fwd

1 2& Step back on R, Dragging L close to R, Ball step L next to R
3&4 Step forward on R, Make a ¼ turn left recover weight on L (9:00), Cross R over L
5 6& Step back on L, Dragging R close to L, Ball step R next to L
7&8 Step forward on L, Make a ½ turn right recover weight on R (3:00), Step forward on L

[S3] Fwd, Lock/Hitch, Side Rock, Coaster Step, Fwd, Lock/Hitch

1 2 Step/push forward on R, Lock L behind R/Hitch R knee
3 4 Rock R to the side, Replace weight on L
5&6 Step back on R, Step L next to R, Step forward on R
7 8 Step/push forward on L, Lock R behind L/Hitch L knee

[S4] Side Rock, Coaster Step-1/4R-Cross, Reverse 3/4L Turn-Fwd

1 2 Rock L to the side, Replace weight on R
3&4 Step back on L, Step R next to L, Step forward on L
5 6 Make a ¼ turn right recover weight on R (6:00), Cross L over R
7 8 Make a ¼ turn left stepping back on R (3:00), Make a ½ turn left stepping forward on L (9:00)

TAG: 12 counts Tag at the end of Wall 6 (6:00) – Rocking Chair, 2x Pivot 1/2L, Rocking Chair

1 2 Rock forward on R, Replace weight on L
3 4 Rock back on R, Replace weight on L
5 6 Step forward on R, Make a ½ turn left recover weight on L (12:00)
7 8 Step forward on R, Make a ½ turn left recover weight on L (6:00)

1 2 Rock forward on R, Replace weight on L
3 4 Rock back on R, Replace weight on L

Ending suggestion; The last wall finishes facing 3:00.

Make a ¼ turn left stepping R to the side (12:00)

(updated: 11/Jul/22)