

拍數: 48 牆數: 2 級數: Intermediate

編舞者: Santi Bodyline (INA) - August 2022

音樂: All I Ask - Adele



#### INTRO 32 COUNT, START ON VOCAL - 2 RESTART, 1 TAG

## SECTION 1: FWD WITH LIFT FRONT UP, COASTER STEP, PIVOT ¼ R, CROSS, TURN ¼ L BACK, TURN ¼ L SIDE, CROSS ROCK, SIDE

12&3 Step LF Fwd with Lift RF Fwd slightly, Step RF back, Close LF next to RF, Step RF Fwd

4&5 Step LF fwd, Turn 1/4 R weight on RF, Cross LF over RF

6&7 Turn 1/4 L Stepping RF back, Turn 1/4 L Stepping LF to L, Rock RF over LF

8& Recover on to LF, Step RF to R

# SECTION 2: TURN 1/8 R FWD LUNGE, BACK WITH SWEEP L-R, BACK, TOGETHER, FWD ROCK, TURN ½ L FWD, UNWIND, FWD

1 2 Turn 1/8 R Lunge LF Fwd (10:30), Recover onto RF with sweep LF from front to back

3 4 Step LF back with sweep RF from front to back, step RF back

&5 Close LF next to RF, Step RF Fwd

6&7 Rock LF Fwd, Recover on to RF, Turn ½ L Stepping LF Fwd (04:30)

8& Cross R over L Unwind (04:30), Step LF Fwd

RESTART HERE ON WALL 3,,,, (Facing 6:00)

#### SECTION 3: 1/8 TURN L BASIC NC, BACK, ½ TURN L FWD. ¼ TURN L SIDE, BACK ROCK, SIDE

12& Turn 1/8 L Stepping RF to R (03:00), Close LF behind RF, cross RF over LF

34& Step LF to L, Close RF behind LF, Cross LF over RF

56 Step RF back, Turn ½ L Stepping LF Fwd with Hitching LF when turning (09:00)

&7 Turn ¼ L Stepping RF to R (06:00), Rock LF back

8& Recover Onto RF, Step LF to L

#### SECTION 4: ¾ DIAMOND, FWD, SIDE ROCK

Turn 1/8 R Stepping RF back (7:30), Step LF back, Turn 1/8 R Stepping RF tp R(9:00)

Turn 1/8 R Stepping LF Fwd (10:30), Step RF Fwd, Turn 1/8 L Stepping LF to L (12:00)

Turn 1/8 R Stepping RF back (01:30), Step LF Back, Turn 1/8 R Stepping RF to R (03:00)

78& Step LF Fwd, Rock RF to R, Recover Onto LF

Restart here On Wall 6 after 32 Count and TAG 4 Count,,, (Facing 12:00)

#### SECTION 5: BIG STEP, BACK ROCK, TURN 1/4 L FWD, WEAVE, FWD ROCK, FWD

12& Big Step RF to R, Rock LF back, Recover onto RF

34& Turn ¼ L stepping LF Fwd with sweep RF From back to Front (12:00), Cross RF over LF,

Step LF to L

Step RF back with Sweep LF from front to back, Cross LF behind RF, Step RF to R

78& Rock LF Fwd, Recover onto RF, Close LF Next to RF

### SECTION 6: FWD, PIVOT, FWD, UNWIND, FWD R-L,

1 2&3 Step RF Fwd, Step LF Fwd, Turn ½ R weight on R, Step LF Fwd 4&5 Cross R over L Unwind (6:00), Step LF Fwd, Step RF Fwd

678 Step LF Fwd, Touch RF to R and Drag Slowly RF towrd LF, Close RF next to LF

#### TAG: BACK, SWEEP, BACK, TURN 1/4 R FWD, SIDE, CLOSE

1 2& Step RF back with Sweep LF from Front to back, Step LF back, Turn 1/4 R Stepping RF Fwd

3 4 Step LF to L, Close RF next to LF

Enjoy Happy Dancing.....!!!

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