

Lost in a Country Song

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver / Intermediate
編舞者: Marianne Langagne (FR) - August 2022
音樂: Lost in the Middle - Catherine McGrath



Intro : 16 Counts – Begin weight on LF, R Point Fwd

TAG: At the end of 2nd Wall (facing 6:00) and 4th Wall (facing 12:00)

[1 – 8] HOOK, VAUDEVILLE R-L & CROSS, HOLD & CROSS SHUFFLE,

& Cross RF over L Leg
1&2& Cross RF over LF, LF to the L, R Heel diagonally Fwd R, Together
3&4& Cross LF over RF, RF to the R, L Heel diagonally Fwd L, Together
5- 6 Cross RF over LF, Hold (weight on RF)
&7&8 LF to the L, Cross RF over LF, LF to the L, Cross RF over LF

[9 – 16] WALK L-R ON ½ TURN L, TRIPLE STEP WITH ½ TURN L, ROCK STEP, HEEL SWITCHES

1-2 LF Fwd in ¼ Turn to L (3:00) , RF Fwd in ¼ Turn to L (12:00)
3&4 LF Fwd in ¼ Turn to L, Together, LF Fwd in ¼ Turn to L (6:00)
5-6 RF Fwd, Recover on LF
&7&8 Together, L Heel Fwd, Together, R Heel Fwd

Note : Make 3/4 circle on counts 9 to 12

DESCRIPTION : 32-32-TAG- 32-32-TAG-32-32-21- Finish : RF Back, Cross L Point in front of RF

******* Begin weight on LF, R Point Fwd *******

S1: HOOK, TRIPLE FWD, STEP ½ TURN R, STEP FWD, ½ TURN L X 2 , KICK BALL POINT L TO L

& Cross RF over L Leg
1 & 2 RF Fwd, Together, RF Fwd
3 & 4 LF Fwd, ½ Turn to the R (weight on RF), LF Fwd (6:00)
5-6 RF Back in ½ Turn to L (12:00) , LF Fwd in ½ Turn to L (6:00)
7&8 Kick RF Fwd, RF next to LF, L Point to the L

S2: SWAY L- R , BEHIND SIDE CROSS, SIDE, TOUCH, SIDE, TOUCH, COASTER STEP

1-2 LF to the L Sway to the L, Sway to the R (weight on RF)
3&4 Cross LF behind RF, RF to the R, Cross LF over RF
5& RF to the R, Touch LF next to RF
6& LF to the L, Touch RF next to LF
7&8 RF Back, Together, RF Fwd

S3: STEP ½ TURN R, BACK TRIPLE ON ½ TURN R, SIDE ROCK CROSS R- L

1-2 LF Fwd, ½ Turn to R (weight on RF) (12:00)
3&4 LF Back in ½ Turn to R (6:00) , Together, LF Back
5&6 RF to the R in ¼ Turn to R (9:00), Recover on LF, Cross RF over LF
7&8 LF to the L, Recover on RF, Cross LF over RF

S4: CROSS, BACK, TRIPLE ON ½ TURN R, FLICK, BRUSH, STEP FWD , TOUCH BEHIND & KICK, BACK, KICK

1 – 2 Cross RF over LF, LF Back
3&4 RF to the R in ¼ Turn to R, Together, RF Fwd in ¼ Turn to R (3 :00)
& 5 Flick LF, Brush LF Back to Front
& 6 LF Fwd, R Point behind LF
& Pose RF
7 & 8 Kick LF Fwd, LF Back, Kick RF Fwd

ENJOY !!!

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