

# No Body

COPPER KNOB  
STEPPERS

拍數: 32      牆數: 4      級數: Intermediate  
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音樂: No Body - Blake Shelton : (Spotify)



\*6 Tags and 0 Restart.

#16 count intro - Start feet together weight on L

## Sec 1: V Step - Chasse R - Back Rock

1 - 2      Step R forward to R diagonal, Step L forward to L diagonal  
3 - 4      Step R back to place, Step L back to place  
5&6      Step R to R side, Step L next to R, Step R to R  
7 - 8      Step L behind R, Recover weight on R

## Sec 2: V Step - Chasse L - Back Rock

1 - 2      Step L forward to L diagonal, Step R forward to R diagonal  
3 - 4      Step L back to place, Step R back to place  
5&6      Step L to L side, Step R next to L, Step L to L  
7 - 8      Step R behind L, Recover weight on L

## Sec 3: Side Mambo - Jazz Box with ¼ turn

1&2      Step R to side, Recover on L, Close R together  
3&4      Step L to side, Recover on R, Close L together  
5 - 6      Step R across L, Step L back  
7 - 8      Step R forward wile turn ¼ R, Step L across R

## Sec 4: Stomp X2, Brush down and up and Clap - Sailor step X2

1 - 2      Stomp R to R side, stomp L to L side  
3&4      Swing both arms brushing the sides of your hips down and up, and clap hands  
5&6      Step R behind L, Step L to side, Step R in place,  
7&8      Step L behind R, Step R in place, Step L in place

## TAG: Vaudeville & Rocking chair

1&2&      Cross R over L, Step L to L side , R heel to R diagonal, Step R in place  
3&4&      Cross L over R, Step R to R side, L heel to L diagonal, Step L in place  
5 - 8      Rock forward on R, recover on L, rock back on R, recover on L

Wall 1 after 32 count TAG

Wall 4 after 32 count TAG without Rocking chair

Wall 6 after 32 count 2 X TAG

Wall 8 after 32 count 2 X TAG

Have fun

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