

Roly Poly EZ (롤리폴리)

COPPERKNOB
BYEPOSTERS

拍數: 32 牆數: 4 級數: Beginner
編舞者: SoonYoung-Bae (KOR) - August 2022
音樂: Roly-Poly - T-ara



* Intro : 48c (start on vocal)
* No Restart
* Tag : After the end of 4 Wall(12:00)

S1[1-8] CONGA WALK(12:00)

1-4 walk forward RF-LF-RF, LF toe point to L
5-8 walk back LF-RF-LF, RF toe point to R

S2[9-16] FWD-SIDE POINT(R-L), SIDE AND HIP SWAY R, HIP SWAY L-R-L(12:00)

1-4 step RF forward, LF toe point to L, step LF forward, RF toe point to R
5-8 step RF side and hip sway R(weight on RF), hip sway L-R-L

S3[17-24] FWD, HITCH, BACK, BACK TOE TOUCH, 1/4 R FWD, HITCH, BACK, BACK TOE TOUCH(3:00)

1-4 step RF forward, LF hitch forward, step LF back, RF toe touch back
5-8 1/4 L step RF forward(3:00), LF hitch forward, step RF back, LF toe touch back

S4[25-32] CROSS POINT-SIDE POINT * 2(R-L)(3:00)

1-4 cross RF toe point over LF - RF toe point to R * 2
5-8 cross LF toe point over RF - LF toe point to L * 2

** TAG(4c)

S[1-4] SIDE AND HIP BUMP OUT WITH FINGER POINT UPPER, HIP BUMP OUT *2, RECOVER

1 2 step RF side and hip bump out to R with finger point to the sky, hip bump out to R
3 4 step hip bump out to R, recover on LF

The Dance Is The Best Play! Have Fun! ☐

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