

# Praise Up

COPPER KNOB  
BY STEPHEN

拍數: 32      牆數: 4      級數: Improver  
編舞者: Sherry Barrett (USA) & Justin Barrett (USA) - August 2022  
音樂: Thank You Lord (feat. Thomas Rhett & Florida Georgia Line) - Chris Tomlin



## #16 Count Intro

### (1-8) R Wizard, L Wizard, Forward Rock, Recover, R Back, L Back

1, 2&      Step R forward diagonal R, lock L behind R, step R forward on the diagonal  
3, 4&      Step L forward diagonal L, lock R behind L, step L forward on the diagonal  
5-6      Rock R forward, Recover L  
7-8      Step R back, Step L back

### (9-16) R Side Rock, Recover, Behind, Side, Cross, L Side Rock, Recover, Behind, 1/4R turn, 1/4R turn

1-2      Side rock R, recover L  
3&4      Step R behind, step L to side, step R across  
5-6      Side rock L, recover R  
7&8      Step L behind, step R 1/4 turn R, step L 1/4 turn R (6:00)

**\*Restart on Wall 3 at this point in the dance (facing 6:00)**

### (17-24) Cha cha cha, sweep back (2x) cha cha cha, Sailor Turn ¼ Left

1&2      Step R, Step L in place, Step R in place,  
3&4      Sweep L behind R step L, R in place, L in place  
5&6      Sweep R behind L step R, step L in place, step R in place,  
7&8      Step L behind ¼ turn L (3:00), step R side, step L to L side

### (25-32) Right Kick Front, Side, Coaster Step, Left Kick Front, Side, Coaster Step

1-2      Kick R toe forward, Kick R toe side R  
3&4      Step R back, step L back, step R forward  
5-7      Kick L toe forward, Kick L toe side L  
7&8      Step L back, step R back, step L forward (3:00)

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**\*2/7/24 Update because original choreography too difficult for Improver:  
Right Side Rock, Behind, Side, Cross, Left Side Rock, Behind, Side, Cross (9-16)  
Unwind ½ Right, cha cha cha, sweep back (2x) cha cha cha, Sailor Turn ¼ Left (17-24)**

Last Update – 7 Feb. 2024 – R1