The Hell We Raise

拍數: 32 **牆數:** 4 **級數:** Intermediate
編舞者: Jenergy (USA) & Kevin Winn (USA) - July 2022
音樂: Can't Keep Up - Brett Eldredge

Part A (Main Dance) & Part B (wall 10 after 9th wall Bridge where you complete full A)
****2 Tags (1st After Part B, 2nd after wall 12)**
SEQUENCE: A, A w/ restart, A, A, A, A w/ restart, A, A, A, B, TAG, A, A, TAG, A, A, A

PART A: Start dance after 32 counts
Nightclub Basic R, ¾ turn L w/ Hitches

1-2,3,4	Slide to R & hold, Step L rocking weight behind R, Recover weight to R
5-6	Turning ¼ L Stepping L to face 9 o'clock, Hitch R
7-8	Step R down & back as you turn ½ to face 12 o'clock, hitch L

Left Coaster, Hip shakes

1-4	Step L back, step R to L, Step forward L, hold
5-8	Step R to R side to shake hip R, L, R, L (end weight L)

****RESTART HERE Walls 2 & 6**

Toe Struts back R – L, Right Coaster

1-2	Step R toe back, drop R heel to take weight
3-4	Step L toe back, drop L heel to take weight
5-8	Step R back, Step L to R, Step R forward, hold

¼ turn R to face 12 o'clock, ¾ turn L to face 9 o'clock

1-2	Rock forward L pushing weight to turn ¼ R, recover weight to R now facing 12 o'clock
3	Cross L over right (prep like to start reverse turn ¾ over L shoulder)
4	Step R back as you turn ¼ L to face 3 o'clock 5 Step L turn ¼ L to face 12 o'clock
6-7-8	Step R turn ¼ L to face 9 o'clock, Step L, Hold 8

PART B: only performed once after 32 Count Bridge where you do Part A
Hip rolls, Jazz box

1-2,3-4	Roll hips to R, Roll hips to L
5-8	Step R over L, Step back L, Step R to R side, Step L to R

Chase Turns

1-4	Step R forward, Step L forward as you make a ½ turn L, Step R forward, Hold
5-8	Step L forward, Step R forward as you make a ½ turn R, Step L forward, Hold

Vine R with side touches

1-4	Step side R, step L behind R, step side R, touch L next to R
5-8	Step L to L side, touch R to L, Step R to R side, touch L to R

Vine L with side touches

1-4	Step side L, step R behind L, step side L, touch R next to L
5-8	Step R to R side, touch L to R, Step L to L side, touch R to L

TAG

1-2	Stomp R w/ knee out, Hold
3-4	Stomp L w/ knee out, Hold
5-8	Switch, stomp R-L-R-L