

# Ting Hai (听海)

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 2      級數: High Intermediate  
編舞者: Heru Tian (INA) - August 2022  
音樂: Ting Hai (听海) - Putri Ayu : (Zhang Hui Mei (張惠妹) Cover)



Intro : 32 C - No Tag, 2 Restart

Restart : During wall 4 & 8, Dance only 28 C with Step Change and Restart the dance facing 12.00

## SECTION 1 : R BACK- L COASTER STEP – R ¼ TURN R LUNGE – L ¼ TURN L FWD – R ½ TURN L BACK – L SWEEP- L BEHIND – R SIDE – L SYNCOPATED ROCK STEP FWD & SIDE

1                    Step Rf back (1)  
2&3                Step Lf back (2), Step Rf Next to Lf (&), Step Lf fwd (3)  
4&5                ¼ Turn R, As you sway your body to Right, Lunge Rf to R Side (4), ¼ Turn L, Step Lf fwd (&),  
                         Make a ½ turn L, Step Rf back, Sweep Lf front to back (5) facing 6.00  
6&                   Step Lf Behind (6), Step Rf to R Side (&)  
7&8&                Rock Lf fwd (7), Recover on Rf (&), Rock Lf to L Side (8), Recover on Rf (&)

## SECTION 2 : L BACK – R PASSE/HITCH – R BEHIND – L ¼ TURN L FWD – R CROSS- SPIRAL FULL TURN L – 3/8 TURN L CURVE RUNS- R SWEEP- R CROSS – L SIDE – R BEHIND – L SIDE LUNGE

1                    Step Lf Back, Passe/ Hitch Rf (figure 4) (1)  
2&3                Step Rf behind (2), ¼ turn L, Step Lf fwd (&), Cross Rf over Lf, make a full spiral turn L (3)  
4&5                1/8 Turn L, Run Lf fwd (4), 1/8 Turn L, Run Rf fwd (&), 1/8 Turn L, Run Lf fwd, Sweep Rf  
                         back to front (5)  
6&7                Cross Rf over Lf (6), Step Lf to L Side (&), Step Rf behind (7)  
8                    Lunge Lf to L Side (8) facing 10.30

## SECTION 3 : R ¼ TURN R FWD – L CROSS – SPIRAL FULL TURN R – RL RUNS – R FWD – L ARABESQUE / LIFT BEHIND- L FWD COASTER – R BACK/L SWEEP – L BACK/ R SWEEP – R BEHIND – L 1/8 TURN L FWD

&1                    ¼ Turn R, Step Rf fwd (&) facing 1.30, Cross Lf over Rf, make a full spiral turn R (1)  
2&3                Run Rf fwd (2), Run Lf fwd (&), Step Rf fwd, Lift Lf Behind (Arabesque) (3)  
4&5                Step Lf fwd (4), Step Rf Next to Lf (&), Step Lf back (5)  
6 7                   Step Rf back, Sweep Lf front to back (6), Step Lf back, Sweep Rf front to back (7)  
8&                   Step Rf behind (8), 1/8 Turn L, Step Lf fwd (&) facing 12.00

## SECTION 4 : ¼ TURN L – ¼ TURN L DIAMOND – L BASIC NC – SWAY RL- R FWD – PIVOT ½ TURN L – FULL TURN L – R ½ TURN L BACK

1 2&                ¼ Turn L, Big step Rf to R Side (1), 1/8 Turn L, Step Lf back (2), Step Rf back (&)  
3 4&                1/8 Turn L, Big Step Lf to Side (3), Step Rf slightly behind Lf (4), Cross Lf over Rf (&) facing  
                         6.00

**\*\* Restart here on wall 4 & 8**

**\*\*\* During walls 4 & 8, Dance only 28C, Change last step into Touch Rf Next to Lf on count “4” and Restart the dance facing 12.00**

5 6                   Step Rf to R Side, Sway to R (5), Sway to L (6)  
7&8&                Step Rf fwd (7), Pivot ½ turn L, Step Lf in place (&), ½ turn L, Step Rf back (8), ½ turn L, Step  
                         Lf fwd (&), make a ½ turn L to start again..

**\*\*Alternative version for 7&8& (more easier)**

7&8&                Step Rf fwd (7), Pivot 1/2 Turn L, Step Lf in place (&), Walk Rf fwd (8), Walk Lf fwd (&), and  
                         make a 1/2 Turn L to start the dance

Start again...

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