

# Bad For Me

拍數: 32      牆數: 4      級數: Improver  
編舞者: Feargal Keegan (IRE) - August 2022  
音樂: Bad For Me (feat. Teddy Swims) - Meghan Trainor



Intro: 32 counts

## Section 1: Side R, Sailor L, Behind-side, Cross rock, Sweep, Behind-side-cross, ¼ step

1            Step R to R side  
2&3        Step L behind R, Step R in place, Step L to L side  
4&5        Step R behind L, Step L to L side, Cross rock R over L  
6            Sweep R around  
7&         Step R behind L, Step L to L side  
8&         Cross R over L, Step ¼ L back (3 o'clock)

## Section 2: Side, Cross, Side, Cross shuffle, Back R, Back L, Sway, Sway

1            Step R to R side  
2            Cross L over R  
3            Step R to R side  
4&5        Cross L over R, step R to R side, cross L over R  
&6         Step R back, step L beside R  
7, 8        Sway R, sway L (3 o'clock)

(W5: Restart)

## Section 3: Touch, ¼ R, ¼ Rock & cross, Back R, Back L, Cross & Heel &

1            Touch R toe beside L  
2            Step R forward turning ¼ over R shoulder  
3&4        Rock L to L side turning ¼ over R shoulder, step R in place, cross L over R  
5, 6        Step R back, step L diagonally back  
7&         Cross R over L, step L in place  
8&         Heel R diagonally forward, step R in place (9 o'clock)

## Section 4: Cross Rock, Sweep, Behind, Rock & Cross, Side, Touch, Touch out & in

1            Cross rock L over R  
2            Sweep L around  
3            Step L behind R  
4&5        Rock R diagonally back, recover, cross R over L  
6            Step L to L side  
7            Touch R toe behind L  
8&         Touch R toe to R side, touch R toe beside L (9 o'clock)

## Tag (8 counts) - after W3 and W6: Side, Toe touch, Side, Toe touch, Sways

1            Step R to R side  
2            Touch L toe behind R  
3            Step L to L side  
4            Touch R toe behind L  
5, 6        Sway R, sway L  
7, 8        Sway R, sway L

Two 8-count Tags, (After W3, W6), 1 Restart (after 16 counts W5)

Last Update: 15 Jan 2023

