

I Fell Apart

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Yvonne (Krause) Halsey (USA) - August 2022
音樂: I Fell Apart - Drizabone Soul Family



#32 Intro, No Tags, No Restarts

[1-8] WALK, WALK SHUFFLE FORWARD, ROCK RECOVER, SHUFFLE ¼ LEFT

1-2 Walk forward right, left.
3&4 Shuffle forward stepping right, left, right.
5-6 Rock forward on left, recover onto right.
7&8 Shuffle forward making a ¼ turn left stepping left, right, left. (9:00)

[9-16] SHUFFLE ¼, SHUFFLE ¼, ROCK RECOVER, COASTER STEP

1&2 Shuffle making another ¼ turn left stepping right, left, right. (6:00)
3&4 Shuffle making a final ¼ turn left stepping left, right, left. (3:00)
5-6 Rock forward on right, recover onto left.
7&8 Step back on right, step left next to right, step forward on right.

[17-24] HEEL BOUNCES LEFT & RIGHT

1-4 Stepping slightly forward bounce left foot forward four times.
5-8 Stepping slightly forward bounce right foot forward four times.

[25-32] ROCKING CHAIR, PIVOT ¼ RIGHT & HOLD

1-4 Rock forward on left, rock back on right, rock back on left, rock forward on right.
5-8 Step forward on left, pivot ¼ right stepping forward on left and hold. (6:00)

May You Always Dance Like No One Is Watching

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