

Delicious

COPPER KNOB
STEPSHEETS

拍數: 40 牆數: 4 級數:
編舞者: Alison Austerberry (UK) - August 2022
音樂: Delicious - Miley Cyrus



OUT OUT, IN IN, HIP SHAKES RIGHT, HIP SHAKES LEFT

1-2 Jump R forward. Jump L forward
3-4 Jump R back. Jump L back
5&6 Hip shakes to R
7&8 Hip shakes to L

RIGHT SHUFFLE FWD, STEP ½ TURN, LEFT SHUFFLE FWD, STEP RIGHT ¼ TURN L

9&10 Step R fwd. Bring L next to R. Step fwd R
11-12 Step fwd on L, turning ½ turn R
13&14 Step fwd on L. Bring R next to L. Step fwd L
15-16 Step fwd on R, pivot ¼ turn L

ROCKING CHAIR, CROSS STEP, STEP POINT, CROSS STEP

17&18& Cross Rock R over L. Recover on L. Rock b on R. Step L
19-20 Cross R over L. Step L to L side
21-22 Step R to R side. Point L to L side
23-24 Cross L over R. Step R to R side

STEP POINT, JAZZ BOX ¼ TURN RIGHT, RUMBA BOX, SIDE CHASSE RIGHT

25-26 Step L. Point R to R side
27&28 & Cross R over L Step b L turning ¼ turn Step on R. Touch L
29&30 & Step L to L side. Bring R next to L. Step fd on L. Touch R next to L
31&32 Step R to R side. Step L next to R. Step R

RIGHT SHUFFLE BACK, ROCK BACK RECOVER, TURNING SHUFFLE

33&34 Step B on R. Bring L next to R. Step back on R
35-36 Rock back on L Recover on R
37&38 Step forward on L, turning ¼ turn R Bring R next to L. Step L
&39-40& Rock back on R . Recover on L Step F on R, pivot ¼ L

END OF DANCE

Restart: end of Wall 5