My Circles

拍數: 48

Intro: 16 counts, start with vocals

級數: Improver



音樂: Round in Circles - Charles Kelley

S1[1-8] LOCK STEPS WITH BRUSH, STEP-TURN-STEP; LOCK STEPS WITH BRUSH, STEP- TURN-STEP

- Step fwd R, & Cross-step L behind R, 2Step fwd R, & Brush L fwd 1&2& 1
- 3&4 3 Step forward L, &Turn ½ Right, weight goes to R, 4Step forward L (to face 6:00)
- 5&6& 5 Step fwd R, & Cross-step L behind R, 6Step fwd R, & Brush L fwd
- 7&87 Step forward L, & Turn ½ Right, weight goes to R, 8Step forward L (to face 12:00)

S2[9-16] 2 TURNING SHUFFLES FORWARD, MAMBO FRONT, MAMBO BACK

- 1&2 1 Turn ¼ left stepping side R, & 2 tep L next to R, 2 Turn ¼ left stepping Back R (moving forward)
- 3&4 3 Turn ¼ left stepping side L, & Step R next to L, 4Turn ¼ left stepping Fwd L (moving forward)
- 5&65 Rock fwd R, & Recover L, 6Step Together R
- 7&87 Rock Back L, & Recover R, 8Step Together L (to face 12:00)

S3[17-24] STEP ½ TURN, ¼ TURN SHUFFLE, ROCK, REPLACE, ¾ SHUFFLE TURNING LEFT

- Step fwd R, 2Pivot 1/2 turn left (weight to L), (facing 6:00) 1,21
- 3&4 3 Turn ¹/₄ Left (weight to R), & Step L next to R, 4Step R to Side, (facing 3:00)
- 5,65 Rock fwd L, 6Recover R
- 7&8 ³/₄ Triple Step - Turning Left; 7Turn ¹/₄ left stepping on Left, &Turn ¹/₄ left stepping on Right,
- Turn ¼ left, stepping on Left (to face 6:00) 8

S4[25-32] SYNCOPATED LEFT TURN WEAVE, MAKING ONE FULL TURN

- 1&2 1 Step R in Front of L, &¼ turn-left-Stepping L fwd, 2Step R in Front of left (to face 3:00)
- 3&4 3 Step L to left side, & Step R Behind L, 4¼ turn-left-Stepping L in Front of R (to face 12:00)
- 5&65 Step R Across L, &¹/₄ turn-left-Stepping L fwd, 6Step R in Front of left (to face 9:00)
- 7&87 Step L to left side, & Step R Behind L, 81/4 turn-left-Stepping L in Front of R (to face 6:00)

S5[33-40] ROCK, REPLACE, 4 STEPS WITH SWAYS, ROCK REPLACE

- 1.21 Rock fwd R, 2Replace weight L,
- 3.43 Small step back R swaying hips right, 4Small step back L swaying hips left,
- 5.65 Small step back R swaying hips right, 6Small step back L swaying hips left,
- 7.87 Rock back R, 8Replace weight L

(for styling, put your hands on hips, note these steps will be timed with the vocals, "hands on your hips")

S6[41-48] TREE BOX TURN LEFT, RIGTH COASTER, LEFT COASTER

- 1 2 1 Turn 1/4 Left stepping Right back. 2Turn 1/4 Left stepping Left forward.
- 3 4 3 Turn 1/4 Left stepping Right back. 4Turn 1/4 Left stepping Left forward. (to face 6:00)
- 5&65 Step Forward R, & Step Together L, 6Step Back R
- 7&87 Step Back L, & Step Together R, 8Step Forward L

End of Dance

Patterned after the partner dance Circles, by Dan Albro;

(Thank you Dan, for a great partner dance and inspiration for this one)





牆數:2