

# John Sutter's Mill

拍數: 64      牆數: 4      級數: Low Improver  
編舞者: Runa (DK) - August 2022  
音樂: Sutter's Mill - Dan Fogelberg : (Album: High Country Snow)



**Note:**

If you find this tune (about 6:33 min.) to long, you can end the dance after wall 8 (instrumental part) by turning down the music while dancing section 8 in this wall (facing 12:00). (Now about 4:20 min.)

**Intro: 64 count (Start on the word "Spring")**

**S1. Walk, hold, walk, hold, fwd, touch, back, hook**

1-2-3-4      Step fwd on R, hold, step fwd on L, hold  
5-6-7-8      Step fwd on R, touch L beside R, step back on L, hook RF in front of L leg

**S2. Fwd step-lock-step, hold, step, ¼ turn R, cross, hold**

1-2-3-4      Step fwd on R, lock L behind R, step fwd on R, hold  
5-6-7-8      Step fwd on L, ¼ turn R taking weight on R, cross L over R, hold (3:00)

**S3. (Side, hold, back-rock, recover) x 2 (R+L)**

1-2-3-4      Step R to R side, hold, rock back on L, recover on R  
5-6-7-8      Step L to L side, hold, rock back on R, recover on L

**S4. Fwd rumba-box with holds**

1-2-3-4      Step R to R side, step L beside R, step fwd on R, hold  
5-6-7-8      Step L to L side, step R beside L, step back on L, hold

**S5. (Sweep back, hold) x 2 (R+L), sweep back into coaster-step, hold**

1-2-3-4      Sweep R back, hold, sweep L back, hold  
5-6-7-8      Sweep R back, step L beside R, step fwd on R, hold

**S6. Fwd step-lock-step, hold, walk, hold, walk, hold**

1-2-3-4      Step fwd on L, lock R behind L, step fwd on L, hold  
5-6-7-8      Step fwd on R, hold, step fwd on L, hold

**S7. Rocking-chair, (L ¼ paddle-turn) x 2**

1-2-3-4      Rock fwd on R, recover on L, rock back on R, recover on L  
5-6      Step fwd on R, make a ¼ turn L taking weight on L (12:00)  
7-8      Step fwd on R, make a ¼ turn L taking weight on L (9:00)

**S8. (Fwd step-lock-step, hold) x 2 (R+L)**

1-2-3-4      Step fwd on R, lock L behind R, step fwd on R, hold  
5-6-7-8      Step fwd on L, lock R behind L, step fwd on L, hold

**ENDING: Last wall 13 start facing 12:00. Dance the first 24 count.**

**Now step R to R side, step L back ¼ turn L to face 12:00 and touch R beside L to end the dance.**