

Cowgirl Queen

COPPER KNOB
BY STEPHENETS

拍數: 48 牆數: 4 級數: Phrased Easy Improver
編舞者: Marie-Odile Jélinek (FR) - June 2020
音樂: Hey Cowgirl - Randall King



#1 single part B = 16 counts on 1 part of the Solo

Sequence : AAA-1er TAG/Restart . AA-A : 16 counts then Part B/Restart AA-A Final 24 counts on Jazzbox

Dance starts after 16 counts of the intro

Starting position + Hat Tip at Wall of 9h

This dance is dedicated to Maryse RINALDI of the CowboyStrut Club at Grasse as Thanks for their Support

(1 to 8) : HEEL GRIND 1/4 de TOUR R-COASTER STEP R-SKAKE.L&R - TRIPLE.L.FWD.

- 1- Rock fwd on Heel R w/ Point RF to L (w : 9h)
- 2- Pivot Point to R w/ ¼ Turn to R and return BW on LF (w: 12h)
- 3&4 Coaster Step RF (Step R back- Step L joins RF – Step R fwd)
- 5-6 Skate LF – Skate RF –
- 7&8 Triple Step LF Fwd

(9 to 16) : ROCK RECOVER R-CROSS TRIPLE R-ROCK RECOVER L - CROSS TRIPLE L

- 1-2 Rock RF Recover lateral –Return hold on LF (w:12h)
- 3&4 Cross RF front of LF, Pose LF to L, Cross RF front of LF
- 5-6 Rock LF Recover lateral –Return hold on RF
- 7&8 Cross LF front of RF, pose RF to R, cross LF front of RF

At 6th Wall at 9H after the 16 first counts Part B on Solo + RESTART

(17 to 24) JAZZ BOX TURN ¼ RIGHT x TWICE

- 1-4 Cross RF front of LF, step back LF ¼ turn to R, pose RF next to LF move fwd LF (w : 3h)
- 5 -8 Cross RF front of LF, step back LF ¼ turn to R, pose RF next to LF move fwd LF (w : 6h)

(25 to 32) ROCK-STEP R , BACK LF L , TRIPLE BACK L – ROCK BACK R, TAP HEEL L, TRIPLE L FWD (M: 6h)

- 1-2-3&4 Pose RF fwd –Point LF behind RF –LF Step back,RF step back LF, RF Triple fwd(L.R.L)
- 5-6-7&8 Step back RF-Tap TG Fwd RF –LF Move fwd- RF joins LF, LF Triple fwd (L.R.L.)

(1) TAG/RESTART (at end of 3rd Wall at 12H): 8 counts : Step RF Fwd ½ Tour Right X 2 – Rocking Chair Pdr

- 1-2-3-4 Step fwd RF, Pivot ½ turn to L X 2
- 5 -6 Step fwd RF (BW on RF), return BW on LF
- 7 – 8 Step back RF (BW on RF), return BW on LF

(2) Part B on Solo 6th Wall at 9H after 16 first counts (2'10 à 2'20) + RESTART

(1 – 8) WALKS FORWARD x 4 , STEP TURN R– MAMBO R & L

- 1 – 4 Walk RF-LF-LF-RF –into 1/2 Turn to R from : Wall : 9h towards W: 15H
- 5 – 8 Mambo Step RF - Mambo Back LF

(9 – 16) WALKS FORWARD x 4, Step turn R – MAMBO R & L

- 9 -16 Same section as previous – Same Steps in ½ Tour to R of : W : 15h towards W : 9h

(3) FINAL : Dance ends on section 3 (17 to 24) at 2nd JazzBox Face at 12h

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