

Run Across The River

拍數: 32 牆數: 4 級數: Improver
編舞者: Stephen & Lesley McKenna (SCO) - August 2022
音樂: Feathered Indians - Conner Smith : (Single)



Intro 16 counts

Sequence: 32, 16 with step change, 32, 32, tag, 16 with step change, 32, 32, tag, dance to end.

Section 1: Walk R, L, R mambo step & walk R, L, R toe, heel, cross.

1-2 Walk forward R, walk forward L
3&4 Rock forward R, rec L, step R next to L
&5-6 Small step L next to R, walk forward R, walk forward L
7&8 Touch R toe instep next to L, touch R heel slightly forward, cross R over L

Section 2: Back L shuffle, ½ R shuffle, forward L, touch R, back R, touch L, ¼ L forward L, touch R, back R, touch L.

1&2 Step back L, step R next to L, step back L
3&4 Make ½ turn R stepping forward R, step L next to R, step forward R
5&6& Step forward L (lean forward slightly), touch R next to L, step back R (straighten body up), touch L next to R
7&8& Make ¼ L stepping forward L (lean forward slightly), touch R next to L, step back R (straighten body up), touch L next to R

RESTART HERE walls 2&4 with STEP CHANGE: Step L next to R

Section 3: L side, together, side, together, forward L, chasing ½ turn L, chasing ½ turn R.

1-2 Step L to L side, step R next to L
3&4 Step L to L side, step R next to L, step forward L
5&6 Step forward R, make ½ turn L stepping L, step forward R
7&8 Step forward L, make ½ turn R stepping R, step forward L

Section 4: R forward rock, recover, back R shuffle, L back, R heel forward, step R, L touch, L back, R hook, Stomp R - L.

1-2 Rock forward R, recover L
3&4 Step back R, step L next to R, step back R
&5&6 Step slightly back L, touch R heel slightly forward, step R in place, touch L next to R
&7&8 Step slightly back on L, hook R heel over L, stomp R, stomp L

TAG: 20 Count Tag to be danced after wall 4&7: R rock & cross, L rock & cross, pivot ½ L (repeat these 6 counts), R jazz box ¼ R x2.

1&2 Rock R to R side, recover L, cross R over L
3&4 Rock L to L side, recover R, cross L over R
5-6 Step forward R, make ½ turn L stepping forward L
7-12 Repeat steps in counts 1-6 for counts 7-12
13-16 Cross R over L, make 1/8 R stepping back L, make 1/8 R stepping R to R side, step L next to R
17-20 Repeat steps in counts 13 -16 steps for counts 17-20

Restarts: Restart during walls 2 and 5 after section 2.

STEP CHANGE: Step L next to right on last count to restart the dance.

Enjoy!

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