

# Diamond Free

**COPPER** KNOB  
STEPSHEETS

拍數: 96      牆數: 4      級數: Phrased Intermediate  
編舞者: Marie-Odile Jélinek (FR) - May 2020  
音樂: Diamond - Brandon Heath



**\*\* 2 Tags and 2 Tag/Restart.**

**Sequences A-Tag/Restart -A-B-A-Tag-B-B-A -1 Final sur la 3ème section à 12H**  
**Start : Dance after Intro : 16 counts following the 84 BPM -**

**[1 to 4] SIDE RIGHT TOGETHER - SIDE LEFT TOGETHER, SIDE RIGHT TOGETHER - SIDE RIGHT TOGETHER - Clap x 4**

1&2&      RF to R, Touch LF next to RF + Clap, LF to L, Touch RF next to LF + Clap - 12H  
3&4&      RF to R, assemble LF next to RF + Clap, RF to R, Touch LF next to RF + Clap

**[5 to 8] SIDE LEFT TOGETHER - SIDE RIGHT TOGETHER - SIDE LEFT TOGETHER - SIDE LEFT TOGETHER**

5&6&      LF to L, touch RF next to LF, RF to R, touch LF next to RF + Clap  
7&8&      LF to L, assemble RF next to LF, LF to L, touch RF next to LF + Clap

**[9 to 16] JAZZ BOX 1/4 TURN RIGHT - RUMBA BOX BACK, HOLD – RUMBA BOX - HOLD**

1&2&      Cross RF front of LF, Pose LF behind in 1/4 turn to right, RF to right, Touch Point LF next to RF-3H  
3&4&      LF to L, pose RF next to LF, LF fwd, hold  
5&6&      RF to R, pose LF next to RF, RF behind, hold  
7&8      LF to L, pose RF next to LF, LF behind, hold

**Tag : 2 counts : Stomp to Right - Stomp to Left + hat tip to R then to L at 15 H after 3rd part A**

**[17 to 24] COASTER STEP R.BACK & L.FWD - HEEL SWITCHES R & L - SWAY HIPS R - SWAY HIPS L.**

1&2      Pose RF behind, LF next to RF, RF fwd 3H  
3&4      Pose LF fwd, RF next to LF, LF behind  
5&6&      Heel R fwd, RF next to LF, Heel L fwd, LF next to RF (Final)  
7&8      Sway Hips from Right to Left

**Final after 4th part A of 3rd section 12H**

**[25 to 32] TOE STRUT - TOE STRUT - SIDE ROCK STEP - TOE STRUT – TOE STRUT - SIDE ROCK STEP**

1&2&      Plant Foot R fwd, Put Down Heel R, Plant LF fwd-Put down Heel L - 3H  
3&4      Rock Step RF to R, Return on LF, and RF walk slightly to R  
5&6&      Plant RF fwd, Put down Heel R, Plant LF fwd, Put down Heel L  
7&8      Rock Step LF to L, Return on RF, and LF walk slightly to L

**[33 to 40] SAILOR STEP ¼TURN ON R - KICK BALL CHANGE L – BACK LOCK STEP R - ROCK BACK MAMBO L**

1&2      RF Crossed behind LF, LF Pose ¼ Turn to the R, RF Pose LF side  
3&4      Kick fwd LF, Plant LF (w/ BW) next to RF & LF (w/ BW) Pointed LF side - 6H  
5&6      3 Step back : Step back RF, Step back LF Crossed front of RF, Step back RF  
7&8      Mambo Rock LF back

**[41 to 48] MAMBO FWD ¼ TURN R - TRIPLE STEP FWD L - KICK BALL SIDE R - TOUCH R - KICK BALL CROSS**

1&2      Rock fwd RF w/ BW ¼ Turn to R, Return BW on LF, RF next to LF w/ BW - 9H  
3&4      LF fwd, Plant RF next to LF, LF fwd w/ BW

5&6 Kick RF fwd, Plant RF (w/ BW) RF next to LF, LF to L  
 7&8 Kick RF fwd RF, Plant RF (w/ BW), RF next to LF, LF (w/ BW) crossed front of RF

**[49 to 56] 2 X SIDE ROCK CROSS TRIPLE STEPS R & L**

1-2 Rock RF to R, Return BW on LF - 9H  
 3&4 Cross RF front of LF, Pose LF to L, Cross RF front of LF  
 5-6 Rock LF to L, Return BW on RF  
 7&8 Cross LF front of RF, Pose RF to R, Cross LF front of RF

**[57 to 64] WALK FORWARD R - TRIPLE R - FORWARD L - TRIPLE L**

1 Walk RF fwd - 9H  
 2 Walk LF fwd ¼ Turn to L - 6H  
 3&4 Triple Step R fwd 1/4 Turn to L - 3H  
 5-6 Walk LF fwd, Walk RF fwd - 3H  
 7&8 Triple Step R fwd

**TAG/RESTART : 6 Counts right after 8th section of 1st part A of 64 counts**

**Part B x 3 (See : Timetable below)**

**\*1st Part B is danced on 32 counts Start: 6H**

**\*2nd Part B is danced on 32 counts Start: 3H**

**\*3rd Part B resume the 32 counts Start: 9H**

**[1 to 8] ROCK STEP FWD R - TRIPLE 1/2 TURN R - ROCK STEP FWD L - COASTER STEP - L**

1-2 Rock Step D fwd (RF fwd, Return on LF) 6H  
 3&4 Triple RF w/ 1/2 Turn to R (R-L-R) 12H  
 5-6 Rock Step G fwd (LF fwd, Return on RF)  
 7&8 Coaster Step G (LF back, RF next to LF, LF fwd)

**[9 to 16] SIDE ROCK - CROSS TRIPLE R - ¼ TURN R - BEHIND - SIDE - CROSS R**

1-2 Rock RF to R, Return BW on LF 12H  
 3&4 Cross RF front of LF, Pose LF to L, Cross RF fwd LF 3H  
 5-6 ¼ turn to R while posing LF to L, Return BW on RF  
 7&8 LF Crossed behind RF, Plant RF to R, LF Crossed LF front of RF

**[17 to 24] ROCK STEP FWD R - TRIPLE 1/2 TURN R - ROCK STEP FWD L - COASTER STEP L**

1-2 Rock Step D fwd (RF fwd, Return on LF) 3H  
 3&4 Triple RF w/ 1/2 turn to R (R-L-R) 9H  
 5-6 Rock Step L fwd (LF fwd, Return on RF)  
 7&8 Coaster Step G (LF back, RF next to LF, Step L fwd)

**[25 to 32] SIDE ROCK - CROSS TRIPLE R - ¼ TURN R - BEHIND - SIDE - CROSS R**

1-2 Rock RF to R, Return BW on LF 9H  
 3&4 Cross RF front of LF, Pose LF to L, Cross RF front of LF 12H  
 5-6 ¼ turn to R while pose LF to L, Return BW on RF  
 7&8 LF Crossed behind RF, Plant RF to R, LF Crossed front of RF

**TAG/Restart : 6 Counts right after 8th section of 64 counts**

**[1to6] HEEL SWITCHES R & L -STOMP R & L - TOUCH RF A CÔTÉ LF - HOLD**

1& Touch Heel R fwd, Assemble RF next to LF 3H  
 2& Touch Heel L fwd, Assemble LF next to RF  
 3-4 Stomp : Stomp RF next to LF, Stomp LF next to RF  
 5-6 Touch RF next to LF, Hold

**TAG : 2 counts : Stomp Right - Stomp Left + hat tip at R then at L at 15 H after 3rd part A**

**FINAL on last PART : At end of 3rd section (17 to 24) on (7-8)**

**[17to24] COASTER STEP R.BACK & L.FWD - HEEL SWITCHES R & L - POINT RIGHT-UNWIND ½ TURN**

## **R**

- 1&2                Pose RF behind, LF next to RF, RF fwd 6H
- 3&4                Pose LF fwd, RF next to LF, LF back
- 5&6&              Heel R fwd, RF next to LF, Heel L fwd, LF next to RF
- 7-8                Point RF next to LF + Unwind in 1 /2 Turn to R in Wall of 12h (Final) 12H

## **TIMETABLE OF THE 3 PART B**

### **PART B (1)**

-6H - 12H | 12H - 3H

-3H - 9H | 9H - 12H

### **PART B (2)**

-3H - 9H | 9H - 12H

-12H - 6H | 6H - 9H

### **PART B (3)**

-9H - 3H | 3H - 6H

-6H - 9H | 9H - 3H

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**Last Update - 15 July 2021 - R2**

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