

Sutter's Mill Gold (P)

COPPER **KNOB**
BY STEPHENETS

拍數: 80 牆數: 0 級數: Partner
編舞者: Marie-Odile Jélinek (FR) - 10 September 2020
音樂: Sutter's Mill - Dan Fogelberg



Part A : 7 x 48 counts (Partners in Circle)

intro of 8X8- BPM 134 - Jerry Douglas at the Dobro

Part B (Solo): 32 in « Style » Square Dance with « Chain » - Level : Beginner/Novice After the Solo : Final on the 3 Last sections of Part A (25 to 48)

Dance starts at the lyrics "In The Spring..." The Steps of the cavalier are identical to those of his counterpart unless indicated.

Position of the partners Part A : Sweetheart facing LOD . During the Solo of Part B : Dance positions :
Cavalier : LOD-ILOD-LOD * Counterpart : LOD-ILOD-RL0D-LOD Dédicated to Bruno Le Grizzly for his concert project and his Birthday

Hold on LF : Start in position SweetHeart

[1-8] WALK R, WALK L, TRIPLE FORWARD, WALK L, WALK R, TRIPLE FORWARD

1-2 Walk RF fwd, walk LF fwd
3&4 Triple step fwd : RF fwd, LF next to RF, RF fwd
5-6 Walk LF fwd, walk RF fwd
7&8 Triple Step fwd : LF fwd, RF next to LF, LF fwd

Here : Mister & Madam leave the Sweetheart Position while still dancing one next to the other

[9-12] R & L SIDE & TOUCHES - SIDE- TOGETHER- FWD + CLAP

1&2& Pose RF to R, Touch LF next to RF + Clap - Pose LF to L, Touch RF next to LF + Clap
3&4& RF to R, return LF next to RF + Clap - Pose RF fwd + Clap

[13-16] L & R SIDE & TOUCHES - SIDE - TOGETHER - FWD + CLAP

5&6& Pose LF to L, Touch RF next to LF + Clap - Pose RF to R, Touch LF next to RF + Clap
7&8& LF to L, gather RF next to LF + Clap - Pose LF to L fwd + Clap

Back in SweetHeart position

[17-24] ROCKING CHAIR R, HEEL STRUT.R, HEEL STRUT.L,

1-2 Rock RF fwd – Return on LF
3-4 Rock RF back – Return on LF
5-6 Heel R fwd - Plant RF
7-8 Heel L fwd - Plant LF

[25-32] RIGHT SCISSOR STEP, HOLD, LEFT SCISSOR STEP, HOLD

1- 2 RF to R, Gather LF next to RF, R, L
3-4 Cross RF in front of LF, Pause
5-6 LF step to L, Gather RF next to LF
7-8 Cross LF in front of RF, Pause

[33-36] ROCK STEP R, ROCK BACK R

LADY & MAN : 1 - 2 RF fwd, return on LF

LADY & MAN : 3 - 4 RF back, return on LF

FOR THE LADY : 37-40 FULL TURN R (TO THE LEFT)

5-6-7-8 RF Turn and Turn to L : RF, LF, RF, Toe Touch LF next to RF

FOR THE MAN : 37-40 LOCK STEP LOCK FORWARD, R, L, R TOE TOUCH LF next to RF

5-6-7-8 Pose RF fwd, Cross LF behind RF, RF fwd, Toe Touch LF next to RF

[41-44] ROCK STEP, ROCK BACK, ROCK STEP.L

LADY & MAN : 1-2 LF fwd, return on RF

LADY & MAN : 3-4 LF back, return on RF

FOR THE LADY : 45-48 FULL TURN L (TO THE RIGHT)

5-6-7-8 LF Turn and Turn to R : LF, RF, LF, Toe Touch RF next to LF

FOR THE MAN : 45 - 48 LOCK STEP LOCK LEFT FORWARD, L, R, L ,TOUCH RF

5-6-7-8 Pose LF fwd, cross RF behind LF, LF fwd, Toe Touch RF next to LF

SOLO PART

I : LADY – Hold on LF - LOD

[1to 4] R WALK 1/4 TURN ON LEFT, L, R WALK FORWARD, L TOUCH + CLAP

1 Walk RF pivot 1/4 turn to left (ILOD)

2-3 Walk LF fwd, walk RF fwd

4 LF TOUCH next to RF + Clap

[5- 8] WALK L , R Back- STEP L 1/4 TURN ON LEFT

5-6 Walk RF back, Walk LF back

7 Pose LF to L pivot ¼ Turn to left

8 RF TOUCH next to LF + Clap (RLOD)

I : MAN – Hold on LF - LOD

[1- 8] STEP R SIDE, TOUCH L, STEP L SIDE, TOUCH R

1 -2 RF to right, Touch point LF next to RF

3-4 LF to left, Touch point RF next to LF

5-6 RF to right, Touch point LF next to RF

7-8 ¼ Turn to L, Touch point RF next to LF

II : LADY – Hold on LF

[9 to 16] STEP R SIDE, TOUCH L, STEP L SIDE, TOUCH R

1 -2 RF to right, Touch point LF next to RF

3-4 LF to left, Touch point RF next to LF

5-6 RF to right, Touch point LF next to RF

7-8 LF to left, Touch point RF next to LF (RLOD)

II : MAN – Hold on LF

[9 to 12] R, L, R WALK FORWARD, L TOUCH + CLAP

1-3 Walk RF, Walk LF fwd, walk RF fwd (ILOD)

4 LF TOUCH next to RF + Clap

[13 to 16] WALK L , R Back- WALK L 1/4 TURN ON RIGHT, R TOUCH + CLAP

5 – 6 Walk LF back, Walk RF back

7 Walk LF pivot ¼ Turn to Right (LOD)

Here Man and Lady : The Partners find themselves in the dance Positions :

CHALLENGE THEN OPEN CROSS HAND THEN SWEETHEART. They'll do the same steps but inversed

[17to24] R, L WALK FORWARD, ½ TURN, R CROSS RIGHT HANDS CHAIN,

1-2 Walk RF fwd - walk LF fwd then take each other by the 2 right hands

3-4 ½ Turn to the Right while Walking RF - LF

REPEAT THE SAME SECTION SWITCHING LEFT HANDS CHAIN

5-6 Walk RF fwd - walk LF fwd then take each other by the 2 left hands

7-8 ½ Turn Left while Walking RF - LF

[25 to 32] R, L WALK FORWARD, ½ TURN, CROSS HAND, SWAY, L, R TOE TOUCH

- 1-2 Walk RF fwd - walk LF fwd (both right hands joined)
- 3-4 Mr stays in Place while doing 2 Steps Left -Right
- 3-4 Ms ½ Turn to the Right while Walking - RF Lady goes under Man's
a rms - LF in Position SweetHeart LOD
- 5-6 RF to R while lightly balancing the body to the R - Toe Touch L next to RF
- 7-8 LF to L while lightly balancing the body to the L - Toe Touch R next to LF

**FINAL PART A : Resume 3 last sections of Part A (from 25 to 48 Counts) + Salute your Partner
[25-32] RIGHT SCISSOR STEP, HOLD, LEFT SCISSOR STEP, HOLD**

- 1- 2 RF to R, Gather LF next to RF, D, G
- 3-4 Cross RF in front of LF, Pause
- 5-6 LF step to L, Gather RF next to LF
- 7-8 Cross LF in front of RF, Pause

[33-36] ROCK STEP R, ROCK BACK R (The Same Steps For Lady & Man)

LADY & MEN : 1 - 2 RF fwd, return on LF
LADY & MEN : 3 - 4 RF back, return on LF

FOR THE LADY : 37-40 FULL TURN R (TO THE LEFT)

- 5-6-7-8 RF Turn and Turn to L : RF, LF, RF, Toe Touch LF next to RF

FOR THE MAN : 37-40 LOCK STEP LOCK FORWARD, R, L, R TOE TOUCH LF next to RF

- 5-6-7-8 Pose RF fwd, Cross LF behind RF, RF fwd, Toe Touch LF next to RF

FOR THE LADY & MAN : 41-44 ROCK STEP, ROCK BACK, ROCK STEP.L

LADY & MAN : 1-2 LF fwd, return on RF
LADY & MAN : 3-4 LF back, return on RF

FOR THE LADY : 45-48 FULL TURN L (TO THE RIGHT)

- 5-6-7-8 LF Turn and Turn to R : LF, RF, LF, Toe Touch RF next to LF

FOR THE MAN : 45-48 LOCK STEP LOCK LEFT FORWARD, L, R, L , TOUCH RF

- 5-6-7-8 Pose LF fwd, cross RF behind LF, LF fwd, Toe Touch RF next to LF

Last Update - 14 Oct. 2020

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Last Update - 18 Dec. 2020
