

En Kort en Lang (a Short a Long)

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 2 級數: High Beginner
編舞者: Annette Lapp (DK) - August 2022
音樂: En kort en lång - Lisa Nilsson : (album: En jubileumssamling - iTunes)



Intro: 16 Count

Cross Rock Right, Chasse Right, Cross Rock Left, Chasse Left

1 – 2 Rock right over left, recover onto left
3 & 4 Step right to right, left beside right, step right to right
5 – 6 Rock left over right, recover onto right
7 & 8 Step left to left, right beside left, step left to left

Weave Left with ¼ Turn Left, Step ½ Turn Left, Shuffle Right Forward

1 – 2 Cross right over left, step left to left
3 – 4 Step right behind left, ¼ turn left
5 – 6 Step right forward, ½ turn left
7 & 8 Step right forward, step left beside right, step right forward

Left Rocking Chair, Weave Right, Point Right Out

1 – 2 Rock left forward, recover onto right
3 – 4 Rock left back, recover onto right
5 – 6 Cross left over right, step right to right
7 – 8 Step left behind right, point right to right side

Step Right Forward, Hitch Left Forward, Step Left Back, Point Right Out, Jazz Box with ¼ Turn Right

1 – 2 Step right forward, hitch left forward
3 – 4 Step left back, point right to right
5 – 6 Step right over left, step left back
7 – 8 ¼ turn right stepping right to right, drag left beside right (weight on left)

Restart after 8 count on wall 3 (12.00) and wall 8 (12.00)

Ending: The dance will end at 6.00. Step right forward and make ½ left (12.00)

Contact: lappa@hotmail.com