

# Bendera Merah Putih

拍數: 64      牆數: 0      級數: Phrased Beginner  
編舞者: Luci Chryz (INA) - August 2022  
音樂: Bendera Merah Putih (Ibu Sud) Lagu Wajib Nasional



**INTRO 32C (FREE STYLING) A(48C) B(16C) SEQUENCE AAB AB  
START RF**

## **PART A**

### **SECTION 1 - STEP FWD R-L-R, TOUCH, STEP BWD L-R-L, TOUCH**

1 2 3 4      Step fwd R-L-R (1) (2) (3) Touch (4)  
5 6 7 8      Step fwd L-R-L (5) (6) (7) Touch (8)

### **SECTION 2 - SIDE TOUCH, TOGETHER TOUCH, STEP SIDE. TOGETHER TOUCH (R-L)**

1 2 3 4      Touch to side RF (1) Together touch RF (2) Step to side RF (3) Together touch LF (4)  
5 6 7 8      Touch to side LF (5) Together touch LF (6) Step to side LF (7) Together touch RF (8)

### **SECTION 3 - 4× TOUCH FWD, REPLACE (R-L-R-L)**

1 2 3 4      Touch fwd RF (1) Replace RF (2) Touch fwd LF (1) Replace LF (2)  
5 6 7 8      Touch fwd RF (5) Replace RF (6) Touch fwd LF (7) Replace LF (8)

### **SECTION 4 - RUMBA BOX WITH TOUCH**

1 2 3 4      Step to side RF (1) Step together LF (2) Step fwd RF (3) Together touch LF (4)  
5 6 7 8      Step to side LF (5) Step together RF (6) Step bwd LF (7) Together touch RF (8)

### **SECTION 5 - 2× DIAGONAL SHUFFLE, TOUCH (R-L)**

1 2 3 4      Step diagonal RF (1) Step LF behind RF (2) Step diagonal RF (3) Together touch LF (4)  
5 6 7 8      Step diagonal LF (5) Step RF behind LF (6) Step diagonal LF (7) Together touch RF (8)

### **SECTION 6 - ROCK FWD, RECOVER, STEP TOGETHER, TOUCH, STEP BWD L-R-L, TOUCH**

1 2 3 4      Step fwd RF (1) Recover LF (2) Step together RF (3) Together touch LF (4)  
5 6 7 8      Step bwd LF (5) Step bwd RF (6) Step bwd LF (7) Together touch RF (8)

## **PART B**

### **SECTION 7 - STEP SIDE, STEP TOGETHER, STEP SIDE, TOUCH (R-L)**

1 2 3 4      Step to side RF (1) Step together LF (2) Step to side RF (3) Together touch LF (4)  
5 6 7 8      Step to side LF (5) Step together RF (6) Step to side LF (7) Together touch RF (8)

### **SECTION 8 - CROSS, POINT (R-L), STEP BWD, POINT (R-L)**

1 2 3 4      Cross RF over LF (1) Point to side LF (2) Cross LF over RF (3) Point to side RF (4)  
5 6 7 8      Step bwd RF (5) Point to side LF (6) (\*\*\*)Step bwd LF (7) Point to side RF (8)

**(\*\*\*) Ending**

**on count 7 : Step together while right hand up.**

Submitted by [dechryz@gmail.com](mailto:dechryz@gmail.com)