

Mister Lonely

COPPER **NOB**
BY STEPHANIE

拍數: 32 牆數: 4 級數: Improver
編舞者: Elisabeth HS (INA) - August 2022
音樂: Mister Lonely - Bouke



No tag no restart

Section 1 : STEP SIDE CLOSE, SHUFFLE FORWARD, FORWARD RECOVER, 1/4 TURN LEFT, SHUFFLE

1 - 2 step rf to right, lf next to rf
3 & 4 shuffle forward rf, lf, rf
5 - 6 step lf forward, recover on rf
7 & 8 1/4 turn left shuffle to left lf, rf, lf

Section 2 : GRAPEVINE TO LEFT CROSS RECOVER SHUFFLE TO RIGHT

1 - 2 rf cross over lf, lf step to left
3 - 4 rf behind lf, lf step to left
5 - 6 rf cross over lf, recover on lf
7 & 8 shuffle to right rf, lf, rf

Section 3 : STEP BACK ,RECOVER, LOCK STEP FORWARD, PIVOT 1/2 LEFT, WALK ,WALK

1 - 2 lf step back, recover on rf
3 & 4 lf step forward, rf lock behind lf, lf step forward
5 - 6 rf step forward, 1/2 turn left on lf
7 - 8 rf step forward, lf step forward

Section 4 : STEP RF FORWARD, RECOVER LF, STEP BACK RF, LF KICK LF STEP BACK, RF KICK, HIP SWAY RL

1 - 2 rf step forward, recover on lf
3 - 4 rf step back, kick on lf
5 - 6 lf step back, kick on rf
7 - 8 sway right hip back, sway left hip forward

enjoy...
