Keep Watch



拍數: 32 牆數: 4 級數: Improver

編舞者: Silvia Schill (DE) - August 2022 音樂: Stand The Watch - Brandon Davis



The dance begins after 32 beats with the vocals

| S1: Side-touch-side-touch-coaster step, step, pivot ¼ r, cross, hold | | |
|--|--|--|
| 1& | Step right with right and touch LF next to right | |
| 2& | Step left with left and touch RF next to left | |
| 3&4 | Step back with right - move LF next to right and small step forward with right | |
| 5-6 | Step forward with left - 1/4 turn right around on both balls, weight at the end on right (3 o'clock) | |
| 7-8 | Cross LF over right - hold | |
| | | |

Restart: In the 6th round - towards 9 o'clock - stop here and start again from the beginning Tag/Restart: In the 9th round - towards 6 o'clock - break off after '5-6', 'move LF next to right/arms up and count

1,2,3,4 very loudly, snapping 4 times' and then start again.

S2: Stomp side, hold, behind-side-cross, heel grind turning 1/2 r, rock back

| 52: Stomp side, noid, benind-side-cross, neel grind turning ¼ r, rock back | | |
|--|---|--|
| 1-2 | RF stomp right - hold | |
| 3&4 | Cross LF behind right - step right with right and cross LF over right | |
| 5-6 | Step forward with right, only put the heel on (toe pointing left) - 1/4 turn right around and step back with left (turn right toe to the right) (6 o'clock) | |
| 7-8 | Step back with right - weight back on LF | |

Restart: In the 4th round - towards 3 o'clock - stop here and start again from the beginning

| S3: Touch & heel & step-heels swivel, 1/2 turn I, 1/2 turn I, shuffle back | | | |
|--|--|--|--|
| 1& | Touch right toe next to the LF and move RF next to left | | |
| 2& | Touch left heel slightly forward and move LF next to right | | |
| 3&4 | Step forward with right - turn both heels to the right and back again (weight at the end left) | | |
| 5-6 | 1/2 turn left around and step back with right - 1/2 turn left around and step back with left (3 o'clock) | | |
| 7&8 | Step back with right - move LF next to right and step back with right | | |

| 700 | Step back with right - move in thext to right and step back with right | | |
|--|---|--|--|
| S4: Rock back, ½ turn r, ½ turn r, jazz box with touch | | | |
| 1-2 | Step back with left - weight back on RF | | |
| 3-4 | ½ turn right around and step back with left - ½ turn right around and step forward with right | | |
| 5-6 | Cross LF over right - step back with right | | |
| 7-8 | Step left with left - touch RF next to left | | |

Repeat to the end