

Adios Amor

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver Rumba
編舞者: Sophia KSF (MY) - August 2022
音樂: Adiós Amor - Pandora



Intro : 36 counts, dance commence 27 sec into the song

***3 Tags at Wall 2 (6:00), Wall 5 (12:00) & Wall 6 (9:00)

*1 Restart at Wall 4 after 16 count (3:00)

SECTION 1 - RF cross left with 1/8 L turn, hip twist with 3/8 R turn, LF forward, hold, RF to R, recover on LF, rock RF diagonally over LF, recover on LF

1-2 RF over LF with 1/8 left turn (10:30) press LF next to RF making 3/8 right turn (3:00)
3-4 LF forward, hold
5-6 RF to right, replace weight to LF
7-8 Rock RF over LF, diagonal (7) recover weight to LF (8)

SECTION 2 - Replace weight on RF, hip twist with 3/8 R turn, LF forward, hold, RF forward, 1/2 L, LF back, Cuban rock

1-2 Replace weight on RF over LF, still diagonally left (1:30) press LF next to RF making 3/8 right turn (6:00)
3-4 Step LF forward, hold
5-6 RF forward, 1/2 turn left with LF back (12:00)
7-8 Sway right hip forward, sway hips back with weight on LF
(Restart at Wall 4 after 16C)

SECTION 3 - Sliding Doors, LF 1/4 L, RF forward

1-2 RF back, replace weight to LF
3-4 Press RF over LF (3), step RF down (4)
5-6 LF to left swaying hips to left, sway hips to right with weight on RF
7-8 LF forward with 1/4 left turn, RF forward (9:00)

SECTION 4 - Weave to L with sweep, weave to right and point RF

1-4 LF to left, RF behind LF, LF to left, cross RF over LF with LF sweep from back to front
5-8 Cross LF over RF, RF to right, LF behind RF, point RF to right

TAG : Rock back recover, sway

1-4 RF back, recover weight to LF, RF to right, swaying hips right and left

Hope you enjoy this Rumba to the beautiful song!

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