

Shakin' In Them Boots

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Kate Sala (UK) - August 2022
音樂: Shakin' In Them Boots - Jade Eagleson



Start on vocals.

Intro Dance - 32c

Step Forward, Together, Applejack, Step Forward, Together, Applejack.

- 1 2 Step forward on R. Step L next to R.
- & 3 Swivel L toe and R heel left. Return to centre.
- & 4 Swivel R toe and L heel right. Return to centre.
- 5 - 8 Repeat the above 4 counts.

Cross Rock, Recover, Chasse Right, Cross Rock, Recover Chasse Left.

- 1 2 Cross rock on R over L. Recover on to L.
- 3 & 4 Step R to right side. Step L next to R. Step R to right side.
- 5 6 Cross rock on L over R. Recover on to R.
- 7 & 8 Step L to left side. Step R next to L. Step L to left side.

Step Pivot 1/2 Turn x 2, Jazz Box, Together.

- 1 - 4 Step forward on R. Pivot 1/2 turn left. Step forward on R. Pivot 1/2 turn left.
- 5 - 8 Cross step R over L. Step back on L. Step R to right side. Step L next to R.

Cross, Touch, Cross Touch, Jazz box, Cross.

- 1 - 4 Cross step R over L. Touch L out to left side. Cross step L over R. Touch R out to right side.
- 5 - 8 Cross step R over L. Step back on L. Step R out to right side. Cross step L over R.

Main Dance

Chasse Right, Kick Ball Cross, Chasse Left, Rock Back, Recover.

- 1 & 2 Step R to right side. Step L next to R. Step R to right side.
- 3 & 4 Kick L forward. Step down on ball of L. Cross step R over L.
- 5 & 6 Step L to left side. Step R next to L. Step L to left side.
- 7 8 Rock back on R. Recover on to L. (Restart Wall 2)

Shuffle Forward x 2, Step Pivot 1/2 Turn, 3/4 Turn.

- 1 & 2 Step forward on R. Step L next to R. Step forward on R.
- 3 & 4 Step forward on L. Step R next to L. Step forward on L.
- 5 6 Step forward on R. Pivot 1/2 turn left.
- 7 8 Turn 1/2 left stepping back on R. Turn 1/4 left stepping L out to left side. 9:00

Cross Rock, Recover, Chasse Right, Cross Rock, Recover, Step Left, Drag.

- 1 2 Cross rock on R over L. Recover on to L.
- 3 & 4 Step R to right side. Step L next to R. Step R out to right side.
- 5 6 Cross rock on L over R. Recover on to R.
- 7 8 Take a long step left on L. Drag R towards L. (Weight remains on L). (Restart Wall 3)

Kick & Touch & Kick Ball Step, Rock Forward Recover, Shuffle 1/2 Turn Right.

- 1 & 2 Kick R forward. Step down on R. Touch L behind R heel.
- &3 &4 Step down on L. Kick R forward. Step down on ball of R. Step forward on L.
- 5 6 Rock forward on R. Recover on to L.
- 7 & 8 Turn 1/4 right stepping R to right side. Step L next to R. Turn 1/4 right stepping forward on R.

Shuffle 1/2 Turn Right, Weave Left, Side Rock, Recover, Weave Right.

- 1 & 2 Turn 1/4 right stepping L to left side. Step R next to L. Turn 1/4 right stepping back on L. 9:00
3 & 4 Cross step R behind L. Step L to left side. Cross step R over L.
5 & 6 Side rock on L out to left side. Recover on to R.
7 & 8 Cross step L behind R. Step R to right side. Cross step L over R.

Box 1/2 Turn Right, Step Forward, Swivel, & Touch & Touch.

- 1 2 Turn 1/4 right stepping forward on R. Step L out to left side. 12:00
3 4 Turn 1/4 right stepping R out to right side. Small step forward on L. 3:00
5 & 6 Small Step forward on R. Swivel both heels right. Return Heels to centre.
& 7 Step down on R. Touch L toe next to R instep with knee turned in.
& 8 Step down on L. Touch R toe next to L instep with knee turned in.

Start Again. ENJOY!

Pattern

Dance the 32 count Intro Only Once! followed by the Main dance.

Restart 1: During wall 2, restart from the beginning of the main dance after count 8. Facing 3:00

Restart 2: During wall 3, restart from the beginning of the main dance after count 24. Facing 12:00
