

Rollin' on the River

COPPERKNOB
STEPSHEETS

拍數: 48 牆數: 1 級數: Low Intermediate
編舞者: Pietro Onofrio (IT) - August 2022
音樂: Proud Mary - Creedence Clearwater Revival



Phrase: A – Tag – A – Tag – A – A (short) – Tag – A (short) – A – Tag – Tag – Tag (last two steps: 2 stomp)

Part A

Sec 1 SWIVEL MOVING TO R X2 – SWIVET DX/SX

1-2 (Move to the right) Toe foot Right towards Right & heel foot Left towards Right
3-4 (Move to the right) Heel foot Left towards Right & Toe foot Left towards Right
5-6 Right tip to right, left heel to left - Feet joined in the center
7-8 Left tip to left, right heel to right - Feet joined in the center

Sec 2 HEEL SWITCHES AND FLICK – GRAPEVINE L – SCUFF R

1-2 Heel right forward, recover,
3-4 Heel left forward, Flick left foot
5-6 Left Step to left, Cross right foot behind left foot
7-8 Left step to left, Scuff right foot beside left foot

Sec 3 OUT/OUT – IN/IN – MONTEREY ¼ TURN R

1-2 Right step diagonally forward, left step diagonally forward
3-4 Right step diagonally back, left step diagonally back
5-6 Touch R toe side, right step next to L turning ¼ right (weight on R)
7-8 Touch L toe side, left step forward (weight on L)

Sec 4 JAZZ BOX 1/4 L – ROCKING CHAIR

1-2 Cross the right in front of the left turning 1/4 to the left, left step back
3-4 Right step side, left step diagonally back
5-6 Rock R forward, return on left foot
7-8 Rock R back, return on left foot

Sec 5 TOE STRUT X2, STEP R - TOUCH L – STEP L- TOUCH R

1-2 ½ turn L Toe R back, rest the right heel, ½ turn L, toe L forward, Put weight on it
3-4 ½ turn L, toe L forward, Put weight on it
5-6 Right foot on the right, left foot touch next to right
7-8 Left foot on the left, right foot touch next to the left

Sec 6 GRAPEVINE R and SLAP – GRAPEVINE L and SLAP

1-2 Right step to right, Cross left foot behind right foot
3-4 Right step to right, left flick and slap with right hand
5-6 Left Step to left, Cross right foot behind left foot
7-8 Left step to left, right flick and slap with left hand (*)

(*) Between phase A and phase A short, replace step 8 with a stomp.

Part A short – only 24 counts

Sec 1 As Section 1 of Part A

Sec 2 As Section 2 of Part A

Sec 3 OUT/OUT – IN/IN – STEP R - TOUCH L – STEP L- POINT R

1-2 Right step diagonally forward, left step diagonally forward

- 3-4 Right step diagonally back, left step diagonally back
5-6 Right foot on the right, left foot touch next to right foot
7-8 Left foot on the left, point right behind left foot

Final: Twice right foot Stomp

Tag

Sec 1 SLIDE R – POINT X2 – SLIDE ¼ R – POINT X2

- 1-2 Slide Right to right (2 counts)
3-4 Point twice left foot behind
5-6 Turn ¼ right long step (2 counts)
7-8 Point twice right foot back

Sec 2 STEP LOOK STEP – SCUFF L – STEP PIVOT ½ R – STEP L FW ¼ R – STOMP R

- 1-2 Right step forward, lock left behind right foot,
3-4 Right step forward, scuff L next to right
5-6 Left step forward, turn ½ to right (weight on right foot),
7-8 ¼ turn left step left side, Stomp R next to left

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