

# Hold My Hand

拍數: 48      牆數: 4      級數: Intermediate  
編舞者: M.T.B (NOR), Merethe R. Grønlund (NOR), Tina S. Rasmussen (NOR) &  
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音樂: Hold My Hand - Lady Gaga : (Top Gun: Maverick)



## Start on vocal

### [1-12] Full Diamond

1, 2, 3      1/8 turn step L forward (10:30), 1/8 turn step R to right side (9:00), 1/8 turn step L back (7:30)  
4, 5, 6      Step R back, 1/8 turn step L to left side (6:00), 1/8 turn step R forward (4:30)  
1, 2, 3      Step L forward, 1/8 turn step R to right side (3:00), 1/8 turn step L back (1:30)  
4, 5, 6      Step R back, 1/8 turn step L to left side (12:00), 1/8 turn step R forward (10:30)

### [13-18] Step, ¼ turn, Cross (x2)

1, 2, 3      1/8 turn step L forward (9:00), ¼ turn step R to right side (6:00), Cross L over R  
4, 5, 6      ¼ turn step R back (3:00), ¼ turn step L to left side (12:00), Cross R over L

### [19-24] Step, Sweep, Dip

1, 2, 3      ¼ turn step L forward (9:00), ¾ turn sweeping R (12:00) (count 2 & 3)  
4, 5, 6      Keep R pointed to right side, dip down and back up (all together on count 4, 5, 6)

### [25-30] Twinkle (x2)

1, 2, 3      ¼ turn cross R over L (3:00), step L beside R, step R beside L  
4, 5, 6      Cross L over R, step R beside L, step L beside R

### [31-36] Step Sweep (x2)

1, 2, 3      Step R forward, ¼ turn sweeping L to end up in front of R (6:00) (count 2 & 3)  
4, 5, 6      Step L diagonally forward, sweep R to end up in front of L (count 2 & 3)

### [37-42] ¼ Diamond Backwards

1, 2, 3      1/8 turn step R forward (4:30), 1/8 turn step L to left side (6:00), 1/8 turn step R back (7:30)  
4, 5, 6      Step L back, 1/8 turn step R to right side (9:00), 1/8 turn step L forward (10:30)

### [43-48] Side Ball Step, Side Drag

1, 2, 3      1/8 turn step R to right side (9:00), close L behind R while lifting R with the weight on L (count 2), transfer weight onto R  
4, 5, 6      Step L to left side, drag R next to L, transfer weight onto R by closing R behind

## START AGAIN

### Tag 1 – 6 counts: at the end of the dance, on count 6, keep your weight on L instead of transferring it onto R

1, 2, 3      Slowly bow down bending your knees and keeping R touched behind L  
4, 5, 6      Keep feet in the same place while slowly coming into an uprised position, transfer weight from L to R (on count 6) to start again

### At the end of wall 2, 5, 7, 8

### Tag 2 – 12 counts: at the end of the dance, on count 6, keep your weight on L ending up with R beside L

1-6      Step R diagonally forward, make a full turn over left shoulder keeping your feet in the same place, ending the turn with weight on L and R closed behind L  
1, 2, 3      Slowly bow down bending your knees and keeping R touched behind L  
4, 5, 6      Keep feet in the same place while slowly coming into an uprised position, transfer weight from L to R (on count 6) to start again

### At the end of wall 3, 6

Enjoy ♥

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