I Will Go With You (Ndihamba Nawe)

牆數: 2

級數: Intermediate

編舞者: Yvonne Krause (USA) - July 2022

音樂: Ndihamba Nawe - Dr. Victor

#32 Intro – No Tags, No Restarts

拍數: 64

[1-8] FORWARD RUMBA BOX w/SHUFFLES

- 1-2 Step right to right side, step left next to right,
- 3&4 Shuffle forward stepping right, left, right.
- 5-6 Step left to left side, step right next to left.
- 7&8 Shuffle back stepping left, right, left.

[9-16] STEP INTO A ¼ TURN RIGHT, RUMBA BOX w/SHUFFLES

- 1-2 Step into a ¼ turn to right side, step left next to right. (3:00)
- 3&4 Shuffle forward stepping right, left, right.
- 5-6 Step left to left side, step right next to left.
- 7&8 Shuffle back stepping left, right, left.

[17-24] ROCK BACK RECOVER, SHUFFLE 1/2, SHUFFLE 1/4, WALK WALK

- 1-2 Rock back on right, recover onto left.
- 3&4 Shuffle ¹/₂ turn left by stepping right, left, right. (9:00)
- 5&6 Continue to shuffle ¼ turn left by stepping, left, right, left. (6:00)
- 7-8 Walk forward right, left.

[25-32] SIDE ROCK, CROSSING SHUFFLE, HINGE TURN, SHUFFLE FORWARD

- 1-2 Rock right foot to right side, recover onto left.
- 3&4 Cross right over left, step left to side, cross right over left.
- 5-6 On the ball of left foot turn ¹/₂ right stepping down on right foot. (12:00)
- 7&8 Shuffle forward stepping left, right, left.

[33-40] ROCK RECOVER & ROCK RECOVER & ROCK RECOVER, LOCK BACK

- 1-2& Rock forward on right, recover onto left, step back onto right foot.
- 3-4& Rock forward on left, recover onto right, step back onto left foot.
- 5-6 Rock forward on right, recover onto left.
- 7&8 Step back on right, lock left in front of right, step back on right.

[41-48] SHUFFLE 1/2, SHUFFLE FORWARD, LOCK STEP

- 1&2 As you make a ¹/₂ turn left, shuffle forward stepping left, right, left. (6:00)
- 3&4 Shuffle forward stepping right, left, right.
- 5-6 Step forward on left, lock right behind left.
- 7&8 Step forward on left, lock right behind left, step forward on left.

[49-56] MONTEREY PENDULUM (TOTALS ½ TURN)

- 1-2 Touch right toe to right side, turn ½ right on ball of left stepping together on right.
- 3-4 Touch left toe to left side, turn 1/4 left on ball of right stepping together on left.
- 5-6 Touch right toe to right side, turn ½ right on ball of left steeping together on right.
- 7-8 Touch left toe to left side, turn ¼ left on ball of right stepping together on left. (12:00) (Easier option would be two ¼ Monterey turns)

[57-64] ROCK RECOVER, SHUFFLE ½, WALK, WALK, WALK, TOUCH

1-2 Rock forward on right, recover onto left.



3&4 As you make a ¹/₂ turn right, shuffle forward stepping right, left, right. (6:00)

5-8 Walk forward, left, right, left, touch right next to left.

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