My Habibi

COPPER KNOB

拍數: 0

牆數:1

級數: Phrased Advanced Spanish & Oriental Style



編舞者: Jim PAVADÉ (FR) - July 2022 音樂: Habibi - Kendji Girac

The dance begins with the weight of the body on the left foot Sequences: A - A - B - A - A - B - A - B - B - B (28 counts) A2

Sequence A: Spanish Style

[1-8]: Banderillas on R, Banderillas on L

- 1 2 Press R on R diagonal (1), arms extended & crossed in front of the body (2)(01:30)
- 3 4 Grind arms up
- 5 6 Press L on L diagonal (5), arms extended & crossed in front of the body (6)(10:30)
- 7 8 Grind arms up

[9 – 16]: Spanish Line with ½ turn to left, Spanish Line with ½ turn to right

- 1 2 L forward on R diagonal (10:30), R to side with 1/4 turn L(07:30)
- 3 4 L back with 1/4 turn L, Touch R over L (04:30)
- 5 6 R forward on L diagonal(04:30), L to side with 1/4 turn R(07:30)
- 7 8 R back with 1/4 turn R, Touch L over R (10:30)

[17-24]: Cross Samba with 3/8 turn to left, Switch L &R, 3/8 diamond on R

- 1 & 2 L forward with 1/8 turn to left (09:00), R to side on ball with 1/4 turn to left (06:00), L on place
- & 3 & 4 Ball on R -Point L to side, Ball on L– Point R to side
- 5 & 6 Cross R over L, L back with 1/8 turn R, R back (07:30)
- 7 & 8 L back, R to side with 1/8 turn R(09:00), L cross over R with 1/8 turn R(10:30)

[25 – 32]: Big Side Step R & L, Hitch & Cross, Unwind 1/2 Turn left

- 1 2 1/8 turn R with Big R step to side (R arm extending to R), hold (12:00)
- 3 4 Big L step to side (L arm extending to L), hold
- 5 6 Hitch R with the arms going up in an arc, Cross R over L
- 7 8 Unwind ½ turn L (weight on the L at the end)

Sequence B: Oriental Style

[1 – 8]: Switch Hip Bumps R & L left (Hip Baladi)

- &1&2&3 Point R forward and right hip Bumps (up-down X 3)
- & 4 Right hip bump up and R back
- &5&6&7 Point L forward and left hip Bumps (up-down X 3)
- & 8 Left hip bump up and L back

[9 - 16]: Cross-Point forward x2, Cross-Point backward x2

- 1 2 Cross R over L, Point L to L side with left hip bump
- 3 4 Cross L over R, Point R to R side with right hip bump
- 5 6 Cross R behind L, Point L to L side with left hip bump
- 78 Cross L behind R, Point R to R side with right hip bump

[17 – 24]: Weave L & R with Flick

- 1 2 Cross R over L, L to side
- 3 4 Cross R behind L, Flick L
- 5 6 Cross L over R, R to side
- 7 8 Cross L behind R, Flick R

[25 – 32]: Torque to R Chain Turn to left, Sway Hips x 4

- 1 2 R to side, Torque to R (to prepare the body to turn) (03:00),
- 3 & 4 ¹/₄ turn L, LF Fwd (09:00), R closed to L with ³/₄ turn L, ¹/₂ turn L, Transfer weight on L
- 5 6 7 8 Draw twice an 8 of the hips from right to left (sway x 4)

Ending: dance sequence B until the 28th count, (option) until the execution of the Chaine Turn to left and raise the right arm while pointing the right foot (finish exactly on the last musical note)

Enjoy!