

Heat

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Indahwati Rahardja (INA) & Bill Baron (USA) - August 2022
音樂: Heat - Scarlet Pleasure



#24 count intro start with lyrics

[1-8] SIDE STEP/HANDS X2 ,CROSS HAND OVER CHEST X2, JUMP BACK/HANDS FORWARD, CROSS SIDE POINT, BEHIND SIDE TOUCH

- 1-2 Side step RF simultaneously take R hand from L shoulder and drop to R side, Side step LF simultaneously take L hand from R shoulder and drop to L side
- 3&4 Cross R hand over chest, cross L hand over chest, jump back simultaneously extending both hands forward
- 5&6 Cross RF over LF, step LF to side, point RF to side
- 7&8 Step RF behind, step LF to side, touch RF next to LF

[9-16] PADDLE 1/8 TURN L X2, SAILOR 1/4 T L, RR 1/2 TURN R, FULL TURN R

- 1-2 Paddle turn RF 1/8 turn L touching, paddle turn RF 1/8 turn L stepping down (facing 9)
- 3&4 Step LF behind making 1/4T L, step RF to side, step LF next to RF (facing 6)
- 5&6 Step RF forward, recover LF, step back RF 1/2T R (facing 12)
- 7&8 Step LF forward making 1/4T R, step RF behind making 1/2T R, cross RF over LF making 1/4 T R (facing 12)

[17-24] HIP BUMPS, BRUSH HITCH, COASTER STEP, BIG SIDE STEP, KNEE-IN-OUT-IN

- 1-2 Touch RF to side hip bump to R 2X
- 3 Brush LF hitch
- 4&5 Step LF back, step RF next to LF, step LF forward
- 6 Big step RF to side
- 7&8 L knee in-out-in

[25-32] 1/4 TURN IN PLACE, RUN R-L-R, SIDE STEP, HEEL BOUNCE X3, CROSS 1/2 TURN UNWIND

- 1 1/4 turn L in place (facing 9)
- 2&3 Run R-L-R
- 4 Step LF to side with knee pointing out
- 5&6 Tap L heel down X3
- 7-8 Cross LF over RF, unwind 1/2T right (facing 3)

RESTART: During the fourth wall start the dance facing 9:00. Dance to count 8 and restart facing 9:00.

HAVE FUN DANCING Indah & Bill

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