

Morning Train 2022

COPPERKNOB
BY SHEENA EASTON

拍數: 32 牆數: 4 級數: Beginner
編舞者: SoonYoung-Bae (KOR) - July 2022
音樂: Morning Train (Nine to Five) - Sheena Easton



* Intro : 32c(start on vocal)

* No Restart

* Tag (4c) : After the end on 2 Wall(6:00), 5 Wall(9:00), 8 Wall(12:00)

S1[1-8] HULLY GULLY(R-L) (12:00)

1-4 step RF side, step LF next to RF, step RF side, touch LF next to RF
5-8 step LF side, step RF next to LF, step LF side, touch RF next to LF

S2[9-16] FWD SHUFFLE (R-L), FWD ROCK, RECOVER, 1/2 R SHUFFLE(6:00)

1&2 step RF forward, ball step LF next to RF, step RF forward
3&4 step LF forward, ball step RF next to LF, step LF forward
5 6 rock RF forward, recover on LF
7&8 1/2 R RF forward(6:00) step LF next to RF, step RF forward

S3[17-24] BOX STEP : SIDE, TOGETHER, FWD SHUFFLE, SIDE, TOGETHER, BACK SHUFFLE(6:00)

1 2 step LF side, step RF next to LF
3&4 step LF forward, ball step RF next to LF, step LF forward
5 6 step RF side, step LF next to RF
7&8 step RF back, ball step LF next to RF, step RF back

S4[25-32] ANCHOR * 2, BACK ROCK, RECOVER, 1/4 R SIDE, TOUCH(9:00)

1&2 step LF back, recover on RF, recover on LF
3&4 step RF back, recover on LF, recover on RF
5 6 rock LF back, recover on RF
7 8 1/4 R LF side(9:00), touch RF next LF

*TAG 4c

S[1-4] SIDE AND HIP SWAY R-L-R-L

1-4 step RF side and hip sway R-L-R-L

Dance Is The Best Play! Have Fun! ☐

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