

Portland Cha Easy

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Cheryl Rogers (USA) - June 2022
音樂: Mercy - Valtn



Intro: 32 counts – No Tags No Restarts

S1: Walk R, Walk L, R Fwd. Shuffle, L Fwd. Rock, Recover R, L Back Shuffle

1,2 Step R Fwd., Step L Fwd.
3&4 Step R Fwd., Step L next to R, Step R Fwd.
5,6 Rock L Fwd., Recover Back on R
7&8 Step L Back, Step R next to L, Step L Back (12:00)

S2: Back R, Back L, R Back Shuffle, L Back Rock, Recover R, L Fwd. Shuffle

1,2 Step R Back, Step L Back
3&4 Step R Back, Step L next to R, Step R Back
5,6 Rock L Back, Recover Fwd. on R
7&8 Step Fwd. on L, Step R next to L, Step Fwd. on L (12:00)

S3: Side Rock Recover, Cross Shuffle, Side Rock Recover, Cross Shuffle

1,2 Rock R to R side, Recover to L
3&4 Cross R over L, Step L to side, Cross R over L
5,6 Rock L to L side, Recover to R
7&8 Cross L over R, Step R to side, Cross L over R (12:00)

S4: Turn ¼ L, Turn ¼ L, R Fwd. Shuffle, L Fwd. Rock, Recover R, L Coaster Step

1,2 Step Back on R turning ¼ L (9:00), Step Fwd. on L turning ¼ (6:00)
3&4 Step R Fwd., Step L next to R, Step R Fwd.
5,6 Rock L Fwd., Recover Back on R
7&8 Step back on L, Step R next to L, Step L Fwd. (6:00)

Contact: Cheryl Rogers - cheryl.rogers5678@gmail.com
