

Shootin' Doubles

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 0 級數: Improver
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音樂: You Proof - Morgan Wallen



~0 Tags / 0 Restarts

[1-8] RIGHT HEEL CROSS, AND CROSS ROCK RECOVER, RIGHT SIDE STEP, HOLD, ¼ TURN RIGHT WITH LEFT ROCK RECOVER

1-2& cross right heel in front of left foot (1), quickly step down right (2) followed by left (&)
3-4 cross right in front of left and rock forward on the right (3), recover weight back on left (4)
5-6 step right to right side and hold for 6
7-8 make a ¼ turn to your right as you rock forward on left (7), recover weight back on right (8)

[9-16] TOUCH LEFT BEHIND, ½ UNWIND, ROCKING CHAIR RIGHT, STEP RIGHT, TOUCH LEFT

1-2 touch left foot behind you (1), make a ½ turn to your left while transferring weight to your left leg
3-4 rock forward right (3), recover back left (4)
5-6 rock back right (5), recover forward left (6)
7-8 step right forward (7), touch left next to right (8)

[17-24]. HEEL SWITCHES LEFT/RIGHT/LEFT, HOLD AND STEP RIGHT ½ PIVOT TURN LEFT, STEP RIGHT ½ PIVOT TURN LEFT

1&2 touch left heel forward (1), quickly step left to center (&) to touch right heel forward (2)
&3, 4& quickly step right to center (&) to touch left heel forward (3), hold (4), quickly step forward left (&)
5-6 step forward on right (5) and make a ½ turn over your left shoulder (6)
7-8 step forward on right (7) and make a ½ turn over your left shoulder (8)

[25-32]. STEP FORWARD RIGHT, TOUCH LEFT, STEP BACK LEFT, TOUCH RIGHT, HOP RIGHT/LEFT/RIGHT, LEFT HEEL POP AND STEP LEFT

1-2 step forward right (1), touch left next to right (2)
3-4 step back left (3), touch right next to left (4)
5-6 hop to the right (5), hop to the left (6)
7-8& hop to the right (7), pop left heel forward (8) and quickly step down on left (&)