

Fill 'er Up

拍數: 32 牆數: 4 級數: Improver
編舞者: Laurent Chalon (BEL) - July 2022
音樂: Fill 'Er Up - Jon Pardi



Intro : +/- 2 seconds

Section 1 : Toe Strut, Shuffle Fwd, Step, Hitch, Coaster Step

1-2 Right Toe Forward, Drop Right Heel
3&4 LF forward, RF next to LF, LF Forward
5-6 RF Forward, Hitch LF
7&8 LF Back, RF next to LF, LF Forward*

* Restart here walls 2 and 7

Section 2 : Step Pivot ½ turn L, Shuffle ½ turn L, Step Back, ¼ turn R, Cross Shuffle

1-2 RF forward, Pivot ½ turn Left 06:00
3&4 Shuffle RF, LF, RF with ½ turn Left 12:00
5-6 LF Back, ¼ turn Right and Step RF to Right side 03:00
7&8 Cross LF over RF, RF to Right Side, Cross LF over RF**

** Tag here walls 4 and 10

Section 3 : Side, Together, Shuffle Fwd, Side, together, Coaster Step

1-2 RF to Right side, LF next to RF
3&4 RF Forward, LF next to RF, RF Forward
5-6 LF to Left Side, RF next to LF
7&8 LF Back, RF next to RF, LF Forward

Section 4 : Rock Fwd, Toe Strut Back, Shuffle Back, Rock Back

1-2 Righ Rock Forward, Recover on LF
3-4 Right Toe Back, , Drop Right Heel
5&6 LF Back, RF next to LF, LF Back
7-8 Righ Rock Back, Recover on LF ***

*** Tag here walls 1, 6 and 12

TAG: Stomp, Stomp, Clap, Snap

1-2 Stomp RF to Right, Stomp LF to Left
3-4 Clap your hands in front, Snap fingers of the right hand to the upper right

Note: Each time we do the tag, we restart the dance

Final: Toe Strut, ¼ turn R & Chasse L, Rock Back, Side Step

1-2-3-4 Cross RF over LF, LF Back, ¼ turn R and RF on Right Side, LF Forward
5-6 Stomp RF to Right, Stomp LF to Left (finish de dance at 12:00)

Sequence: 32 Tag - 8 Restart - 32 - 16 Tag - 32 - 32 Tag - 8 Restart - 32 - 32 - 16 Tag - 32 - 32 Tag - 32 - Final

Dance written for the "Marche-City" Festival in Belgium

Bonne danse...

country@webchalon.be - <http://countrylinedance.webchalon.be>