You're the Best Thing



編舞者: Berit Hvenegaard (DK) - July 2022

音樂: Best Thing Since Backroads - Jake Owen



Intro: 8 counts from hard beat - start on the word "one" - Start with RF

(1-8) Stomn	ewivel	sugarfoot	etan 1	14	cross shuffle.	unwind 1/2

1&2 Stomp RF forward, swivel heels right/center (weight on RF)

3&4 Toe-heel-stomp with LF

5& Step forward on RF and turn 1/4 to the left (9:00)

6&7 Cross shuffle RF over LF

8 Unwind 1/2 turn (ending with weight on RF) (3:00)

(9-16) Behind side cross, side touch side, behind, 1/4, shuffle, 1/4

1&2 LF behind RF, RF to the right, LF across RF 3&4 RF to the right, touch LF beside RF, LF to the left

5& RF behind LF, 1/4 turn to the left stepping forw. on LF (12:00)

6&7 Shuffle forward RLR

8 Turn 1/4 to the left shifting weight to LF (9:00)

(17-24) Shuffle, step tap back, shuffle 1/2, chasssé 1/4

1&2 Shuffle forward RLR

3&4 Step forward on LF, tap RF behind LF, step back on RF

5&6 Shuffle 1/2 turn left LRL (3:00) 7&8 Chassé 1/4 turn left RLR (12:00)

(25-32) Coaster step, scuff, walk 2 w/scuff, rock 1/2, step 1/4, stomp 2

1&2& Step back on LF, step RF beside LF, step forward on LF, scuff RF

3&4& Step forward on RF, scuff LF, step forward on LF, scuff RF

5&6 Rock forward on RF, recover on LF, turn 1/2 to the right and step forward on RF (6:00)

7&8 Turn 1/4 to the right by stepping LF to the side, stomp RL (9:00)

Ending: Dance wall 7 to count 30, make a full turn right and stomp 2

7-8 Turn 1/2 stepping back on LF, turn 1/2 stepping on RF
&1 Stomp forward on LF and stomp RF beside LF - TADAAAA

No Tags - No restarts

Have fun - You can contact me here: hvenegaard_0914@yahoo.com