

Rackin Horse

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Beginner / Improver
編舞者: Kristin Clove (USA) - July 2022
音樂: Rackin Horse - Nitty Gritty GR



Dance starts after beginning (4) 8 counts - No tags - No restarts

#1st 8 count

1-2 (Right Hand in holding reins position) Jump forward RF LF
3-4 1/4 turn LF keeping RF in Place
5,6,7 RF 1/4 turn paddle front wall -

#2nd 8 count

1-2 Slide left, together right,
3-4 bounce touch LF side left bring LF into Rf
5-6 Slide RFside right, together LF
7-8 Bounce RF side RF 1/4 turn step RF Back

#3rd 8 count

1-2 body roll from bottom to top with right hand at (grabbing reins) position,
3-4 RF Heel jacks forward 2x,
5-6 touch right toe back, step forward RF,
7-8 LF forward heel jack, step lback

#4th 8 Count

1-2 Hitch right knee up and bounce twice on left leg,
3&4 RF triple to back
5-6 LF rock back, recover RF, step LF forward
7-8 bring RF into LF making 1/4 turn to back wall

Restart to back wall

Last Update: 24 Oct 2024
