

# And I Believe

拍數: 32      牆數: 4      級數: Intermediate  
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音樂: I Believe - KAMRAD



Intro : 32 counts

## (I) Side, Close, Cross, Lock Steps, Step Turn(3/8) left, Tripple ½ Turn left

1-2-3      Step RF right(1), Close LF next to RF(2), Cross RF in front of LF(3)  
4&5      Step LF diagonally forward(4)(10:30), Lock RF behind LF(&), Step LF forward(5)  
6-7      Step RF forward(6), Turn 3/8 left(weight on LF now)(7)(6:00)  
8&1      Turn ¼ left stepping RF right(8)(3:00), Close LF next to RF(&), Turn ¼ left stepping RF  
back(1)(12:00)

## (II) Side Rock, Cross Rock, Side, Back Rock, Chasse ¼ right

2-3      Turn ¼ left rocking LF left(2)(9:00), Recover on RF(3)  
4&5      Cross Rock LF in front of RF(4), Recover on RF(&), Step LF left(5)  
6-7      Rock RF back(6), Recover on LF(7)  
8&1      Step RF right(8), Close LF next to RF(&), Turn ¼ right stepping RF forward(1)(12:00)

## (III) Turn ¼, 1/2, ¼ right, Back Rock, Recover, Turn ¼ left, Back Sweep, Back Sweep

2-3      Turn ¼ right stepping LF back(2)(3:00), Turn ½ right stepping RF forward(3)(9:00)  
4-5      Turn ¼ right stepping LF left(4)(12:00), Rock RF back(5)  
6-7      Recover on LF(6), Turn ¼ left stepping RF back while sweeping LF from front to  
back(7)(9:00)  
8      Step LF back while sweeping RF from front to back(8)

## (IV) Back Sweep, Coaster Step, Hold, &Step, Step Turn, Touch

1      Step RF back while sweeping LF from front to back(1)  
2&3      Step LF back(2), Close RF next to LF(&), Step LF forward(3)  
4&5      Hold(4), Step RF next to LF(&), Step LF forward(5)  
6-7      Step RF forward(6), Turn ½ left(7)(3:00)  
8      Touch RF next to LF(8)

Start again

Have Fun

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