

Cha Cha Cha

COPPERKNOB
BY STEPHEN

拍數: 64
編舞者: Mayee Lee (MY) - July 2022
音樂: Cha Cha Cha - Sally Yeh

牆數: 1

級數: Phrased Beginner



Intro : Start after 16 counts

Sequence of dance : Intro Dance (AA Tag BB Tag) – (B16 A Tag BB Tagx2) – B – B12 Ending 3 counts

Intro Dance : B Tag

Part A (32 counts)

Section 1 : R Forward, Recover L, R Back Shuffle, L Back, Recover R, L Forward Shuffle

12 3&4 Rock R forward(1), recover on L(2), step R back(3), step L on ball in front of R(&), step R back(4)
56 7&8 Rock L back(5), recover on R(6), step L forward(7), step R on ball behind L(&), step L forward(8)

Section 2 : Cross R, Recover L, R Side Shuffle, Cross L, Recover R, L Side Shuffle

12 3&4 Cross R over L(1), recover on L(2), step R to R(3), step L on ball beside R(&), step R to R(4)
56 7&8 Cross L over R(5), recover on R(5), step L to L(7), step R on ball beside L(&), step L to L(8)

Section 3 : Syncopated R Sugar Steps, Syncopated L Sugar Steps

1 – 4 Touch R toe forward(1), touch R heel forward(2), touch R toe forward(3), cross R over L(4)
5 – 8 Touch L toe forward(5), touch L heel forward(6), touch L toe forward(7), cross L over R(8)

Section 4 : R Forward, Pivot ½ Turn L, ½ Turn L Shuffle, L Back, Recover R, Touch L, Step L Touch R

12 3&4 Step R forward(1), pivot ½ turn L step L forward(2)(6.00), ¼ turn L step R on ball beside L(3)(3.00), step L on ball in front of R(&)(12.00), step R back(4)(12.00)
5 - 8 Rock L back(5), recover on R(6), touch L beside R(7), step L down & touch R(8)

Part B (32 counts)

Section 1 : R Rocking Chair (x2)

1 – 4 Rock R forward(1), recover on L(2), rock R back(3), recover on L(4)
5 – 8 Repeat Section 1 (Part B)

Section 2 : R & L Forward Shuffle, Walk Back RLR, L Together

1&2 3&4 Step R forward(2), step L on ball beside R(&), step R forward(2), step L forward(3), step R on ball beside L(&), step L forward(4)
5 – 8 Walk back RLR(5-7), step L beside R(8)

Section 3 : R Side, Touch L, L Side, Touch R, R Together L, Touch L, Hold, L Together R, Touch R, Hold

1 – 4 Step R to R(1), touch L beside R(2), step L to L(3), touch R beside L(4)
&5 6 &7 8 Step R beside L(&), touch L to L(5), hold(6), step L beside R(&), touch R to R(7), hold(8)

Section 4 : Step On Spot RLRL, R Together L, Touch L to L, drag L To R, Together

1 – 4 Step on spot RLRL(1-4)
5 – 8 Step R beside L(&), touch L to L(5), drag L to R(6-7), step L beside R(8)

Tag (16 counts)

Section 1 : R Side, Hold, Together, R Side, Hold, L Rocking Chair

1 – 4 Step R to R(1), hold(2), step L beside R(&), step R to R(3), hold(4)
5 – 8 Cross L over R(5), recover on R(6), rock L back(7), recover on R(8)

Section 2 : Mirror Steps for Section 1 (Part B)

Ending(3 counts) : Step R to R(1), recover on L(2), step R back(3)

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