Raunchy Ricus



拍數: 32 編數: 1mprover

編舞者: Charlotte Steele (SA) - July 2022

音樂: Ploeg Jy? - Ricus Nel



This dance is dedicated to all Afrikaans-speaking line dancers, wherever you may be in the world. Ricus Nel se liedjie sal jou lekker laat lag!

The dance can be done CONTRA, with two lines facing each other "in the gap". These will become one line on the walks forward (give your partner on the right a High Five!) and revert to two lines on the walks back (Sec.2). Dancers will pass each other on the step-locks in Sec.4 counts 1-4 (again give a right-handed High Five as you pass!) and change places on counts 5-6. Have fun – enjoy!

Intro: Start on vocals. 3 x easy Tags/Restarts OR just dance through if you don't like tags/restarts!

S.1 R Heel Dig x 2. R Coaster Step. L Heel Dig x 2. L Coaster Step.

1-2 Dig R heel forward to right diagonal twice

3&4 Step back on R, step L next to R, step R forward

5-6 Dig L heel forward to left diagonal twice

7&8 Step back on L, step R next to L, step L forward (weight to L) (12:00)

S.2 Walk Forward R-L. R Mambo Forward. Walk Back L-R. L Mambo Back.

1-2 Walk forward on R, walk forward on L

3&4 Rock forward onto R, recover back onto L, step R next to L

5-6 Walk back on L, walk back on R

7&8 Rock back onto L, recover forward onto R, step L next to R (weight to L) (12:00)

Tag here on wall 2 and wall 6: Sway and/or bump hips x 4 (RR-LL), then restart the dance.

S.3 Point R Fwd-Side. Point R Fwd-Hitch-Side. Point L Fwd-Side. L Behind-Side-Cross.

1-2	Point R toe forward, point R toe out to right side/diagonal
3&4	Point R toe forward, hitch R knee up, step R to right side
5-6	Point L toe forward, point L toe out to left side/diagonal

7&8 Cross L behind R, step R to right side, cross L over R (weight to L) (12:00)

S.4 R Step-Lock L. R Step-Lock-Step. L Fwd-Pivot 1/2 right. Rock L Back, Stomp R-L.

1-2	Turn slightly to right diagonal and step R forward, lock L behind R
3&4	Still facing the right diagonal step R forward, lock L behind R, step R

Still facing the right diagonal step R forward, lock L behind R, step R fwd
Turn to face front and step L forward, pivot 1/2 turn right (weight on R) (6:00)

7&8 Rock L back lifting R slightly off the floor, stomp R down next to L, stomp L down next to R

(6:00)

Tag here at the end of wall 4: Sway and/or bump hips x 8 (RR-LL-RR-LL), then restart the dance.

Repeat

Tag + Restart:

- (1) On wall 2 and wall 6 after 16 counts (end of Section 2): Sway and/or bump hips x 4 (RR-LL) to the music, then restart the dance on the vocals.
- (2) At the end of wall 4: Sway and/or bump hips x 8 (RR-LL-RR-LL) to the music, then restart the dance.

Ending: Dance with tags/restarts ends on wall 12 on count 16 (end of Section 2).

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