You Can Have Him Jolene

級數: Improver

編舞者: Sandy Carty Hodges (USA) - July 2022

音樂: You Can Have Him Jolene - Chapel Hart





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Intro: 32 ct - no tags/no restarts

拍數: 32

SECTION ONE: TOES, HEELS, HOOK, HEEL OUT, TOGETHER STOMP

牆數:4

- 1&2& Touch right toe to right side and back, touch left toe to left side and back
- 3&4& Touch right heel forward and back, touch left heel forward and back
- Touch right heel out and cross left knee, out front, step right next to left. 5&6&
- 7&8 Touch left heel out and back, stomp on right foot.

SECTION TWO: HIP BUMPS, KICK BALL CHANGE, STEP HEEL SWIVEL

- 1&2 Bump right hips right, left, right (moving slightly to diagonal to right)
- 3&4 Bump left hips left, right, left. (moving slightly to diagonal left)
- 5&6 Right kick ball change,
- 7&8 Step diagonal on right foot, swivel heels right and left.

SECTION THREE: CHASSE RIGHT, ROCK STEPS, CHASSE LEFT ¼ TURN RIGHT, ROCK STEP

- 1&2, 3,4 Triple right, left right, rock back on left, recover on right.
- 5&6,7,8 Triple Left, right, left, making 1/4 turn to right, rock back on right, recover on left.

SECTION FOUR: :LOCK RIGHT, LOCK LEFT, STEP, TOUCH, STEP, TOUCH, COASTER TOUCH

- 1&2 Lock to the right.
- 3&4 Lock to the left
- 5&6& Step forward on right, touch left toe behind, step back on left, touch right heel forward, 7&8 Step back on right, step left next to right, touch right toe.

E.O.D Start dance again, have a fun time and smile!