

Blowin' Smoke AB

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 4 級數: Beginner +
編舞者: Annemaree Sleeth (AUS) - July 2022
音樂: Blowin' Smoke - Teddy Swims



**** Split Floor to Harder dances**

No Tags Or Restarts

Written for Dancers at Sherbrooke U3a To Teach Rhumba and Mambo

Begin on words " Baby - Approximately 8 Seconds In

S 1 (1 – 8) RHUMBA FORWARD, RHUMBA BACK

1-2 Step Right Side, Step Left Beside Right
3-4 Step Right Forward, Touch Left Beside Right
5-6 Step Left Side, Step Right Beside Left
7-8 Step Left Back , Touch Right Beside Left

S 2 (9 – 16) BACK 3, TOUCH BACK 3, TOUCH

1-2 Step Right Back, (Bend Left Knee) Step Left Back (Bend Right Knee)
3&4 Step Right Back (Bend Left Knee , Touch Left Over Right, (wgt L)
5-6 Step Left Back, Step Right Back
7&8 Step Left Back, Touch Right Over Left (wgt R)

Add Knee Pops on Back Steps

S 3 (17– 24) SIDE MAMBOS, X2

1-2 Rock Right Side, Recover Left
3-4 Step Right Beside Left, Hold Snap Fingers On Holds
5-6 Rock Left Side, Recover Right
7-8 Step Left Beside Right, Hold

S 4 (25 – 32) PADDLE TURNS X 4 = ¼ TURN LEFT

1-2 Push Ball Of Foot Right Side, Turn 1/16th L Recover Left
3-4 Push Ball Of Foot Right Side, Turn 1/16th L Recover Left
5-6 Push Ball Of Foot Right Side, Turn 1/16th L Recover Left
7-8 Push Ball Of Foot Right Side, Turn 1/16th L Recover Left (9.00)

ENDING FACING 3.00 END First side together Forward ¼ Left Step Left Forward

Begin Again

Watch The Video On Annemaree Sleeth Youtube
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