

I Ain't Worried

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
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音樂: I Ain't Worried - OneRepublic



Intro : 2X8. Seq: 64.32.64.64.1-32.Bridge.33-64.32.Ending

S1. Side,Together,Back Shuffle,Rock ,Recover,FWD,1/2Turn R

1 2 3&4 Step RF To R Side,Step LF Together, Step RF Back,LF Together,Step RF Back
5-8 LF Back Rock,Recover,Step LF FWD, 1/2 Turn R(Weight On LF)

S2. Rock ,Recover,Full Turn,FWD,Hold,Together,FWD,Together

1-4 RF Back Rock,Recover, 1/2 Turn L & Step Back On RF,1/2 Turn L Step FWD On LF
5 6&7 8 Step RF FWD, Hold, LF Together,Step RF FWD, LF Together

S3. Cross Unwind,1/2 LTurn,Kick Ball FWD,Rock,Recover X2(Swing Hips)

1 2 Cross RF Over LF, 1/2 Turn L,
3&4 Kick RF FWD,Step On Ball Of RF Next To L, Step LF FWD,
5-8 RF Rock ,Recover X2(Swing Hips) (1:30)

S4. Cross,Back X3,(1/8R)Rock, Recover (Flick 1/4 L)FWD,Together

1-4 Cross RF Over LF, Back LF RF LF(1:30)
5 6 (1/8 Turn R)RF Side Rock(3:00),(1/4 Turn L)Recover RF Flick(12:00)(R Hand Free)
7 8 RF FWD, LF Together

Bridge:On Wall 5, After 32 Counts, Then Bridge 4 Counts(Rocking Chair),Continue Count 33-64

S5.Full Box(Circle) Turning Cha Cha Steps(Hands Free)

1&2 (1/4 Turn L) step RF to Side, step LF Together, step RF To Side
3&4 (1/4 Turn L) step LF to Side, step RF Together, step LF To Side
5&6 (1/4 Turn L) step RF to Side, step LF Together, step RF To Side
7&8 (1/4 Turn L) step LF to Side, step RF Together, step LF To Side

S6. Cross Rock,Recover,R Chasse,Cross Rock,Recover,1/4 Sailor L Turn

1 2 3&4 Cross RF Over LF,Recover,Step RF To R Side,Together LF , Step RF To R Side
5 6 7&8 Cross LF Over RF,Recover, 1/4 L Sailor On L

S7. Side Switch,Hold, Back(Knee Pop)

1 2&3 4 Point R Toe To Side,Hold, Step RF Next To L, Point L Toe To Side,Hold
5 - 8 Back(LF RF LF RF)Knee Pop

S8.FWD,Hitch,1/2 Turn L,Hitch,FWD,Together,FWD.Touch

1-4 Step LF FWD,Hitch RF,(1/2 Turn L)Step RF Back,Hitch LF
5-8 Step LF FWD, RF Together,Step LF FWD, RF Touch

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