

Old Time Rock and Roll

COPPER KNOB
STEPPEDETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Russ Booz (USA) - July 2022
音樂: Old Time Rock & Roll - Bob Seger



Start after you hear "Just take those old records OFF" but start dance on – count 5

HEEL FORWARD CLOSE 4X

1-2 right heel forward, step right beside left
3-4 left heel forward, step left beside right
5-6 right heel forward, step right beside left
7-8 left heel forward, step left beside right

FORWARD LOCK FORWARD 4X

9-10 step forward right / cross left behind right , step forward right
11-12 step forward left / cross right behind left, step forward left
13-16 repeat above steps 9 -12

VINE RIGHT

17-20 side right , cross left behind right, side right, kick left to front

VINE LEFT

21-24 side left , cross right behind left, side left, kick right to front

VINE 2 TURN ½

25-27 side right , cross left behind right, side right turning ½ right face

SIDE TOUCH LEFT & RIGHT

28-31 step side left , touch right beside left, step side right, touch left beside right

SIDE LEFT

32 step side left

REPEAT

NOTE ; When I wrote this dance in the 1980's – my 4-H girls likes to try the swivel
Down & up on the steps 28- 32, like TOM Cruise in the movie "Risky Business".

Contact for Choreographer – Haheho.nut@mailstation.com