

Stick Around

拍數: 64 牆數: 4 級數: Phrased Intermediate
編舞者: Emma Whillans (USA) - July 2022
音樂: Follow Me - Sam Feldt & Rita Ora



Count In: 4 cts - Phrasing: A-B-A-A-C-C-A-B-A-A-C-C-C-C-B

Section A is a 4 wall

Sections B is a 1 wall

Section C is a 2 wall

No tags, No Restarts

Section A: 4 wall

[1 - 8] R fwd Lock, R Rock Cross, L to L, ½ turn Box Slide, Recover R 6:00

- 1 2 Step R fwd, Lock L behind R, 12:00
- 3 & 4 Press R to R side, Recover L, Step R > L 12:00
- 5 6 Slide L out to left, ¼ turn R While stepping R out to R 3:00
- 7 8 Slide L out to L while ¼ turn to the R, Slide R to R 6:00

[9-16] Diagonal fwd L Wizard, Diagonal fwd R Wizard, Diagonal V step, Diagonal L Fwd 4:30

- 1 2 & Step L diagonally fwd(face 4:30), Lock R behind L, Step L to L side 4:30
- 3 4 & Step R diagonally fwd, Lock L behind R, Step R to R side 4:30
- 5 6 Step L out diagonally Fwd, Step R out diagonally fwd 4:30
- 7 & 8 Step L back to centre, step R next to L, Step L fwd 4:30

[17-24] Diagonal R fwd, ½ turn Pivot L, R Step w/ L sweep, Sweep R, Sweep L, Step L, Touch R 6:00

- 1 2 Step diagonally R fwd, Pivot L 7:30
- 3 4 1/8th turn L Step R, Sweep L w/ 1/8th turn L 6:00
- 5 6 Step L w/ R sweep, Step R w/ L Sweep 6:00
- 7 8 1/4th Turn L stepping L, Touch R to R side 6:00

[25-32] Rolling Vine R w/ Drag, Side Ball Step, L Pivot, ½ turn L X2 9:00

- 1 2 Step R to R side w/ ¼ turn R, Step L fwd w/ ¼ turn R 12:00
- 3 4 Step R to R side w/ ½ turn R, Drag L beside R 12:00
- & 5 6 Step L beside R, Step fwd R, ½ Pivot L 6:00
- 7 & 8 ½ Turn L (maintain weight R), ½ turn L into Lock, Step L fwd 9:00

Section B: 1 wall

[1-8] ¼ into R Basic NC, L Basic NC 6:00

- 1 2 R step fwd w/ ¼ turn L, Drag L slowly 6:00
- 3 4 Step L beside R, Cross R over L 6:00
- 5 6 Step L to L, Drag R slowly 6:00
- 7 8 Step R beside L, Cross L over R 6:00

[9-16] R fwd w/ ¼ R turn, L Fwd w/ R ¼ turn, R fwd w/ ¼ turn R, L Fwd w/ L ¼, R fwd w/ L ¼ turn, L Fwd w/ L ¼ 6:00

- 1 2 Step R fwd w/ ¼ turn R, drag L 9:00
- 3 4 Step L fwd w/ ¼ turn R, Step R fwd ¼ turn R 3:00
- 5 6 Step L fwd w/ ¼ turn L, drag R 12:00
- 7 8 Step R fwd w/ ¼ turn L, step R fwd w/ ¼ turn L 6:00

Section C: 2 wall

[1-8] Modified Charleston w/ heel swivels 6:00

1 & 2 & Touch R forward, swivel heels, Touch R back w/ ¼ turn L, swivel heels 9:00
3 & 4 & Touch R fwd, heel swivels, recover R, Heel swivels 9:00
5 & 6 & Touch L forward, swivel heels, Touch L back w/ ¼ turn L, swivel heels 6:00
7 & 8 & Touch L fwd, heel swivels, recover L, Heel swivels 6:00

[9-16] R Slide, Rock Recover, L Slide, Rock Recover 6:00

1 2 Step R to R side, Drag L to R 6:00
3 4 Step L behind R, Recover R 6:00
5 6 Step L to L side, Drag R to L 6:00
7 8 Step R behind L, Recover L 6:00

Endings

Option one: Original choreography, section B finishing with a half turn to the front wall

Option two: Step R fwd w/ 1.5 Pencil turn which ends on the front wall.

Enjoy!
