She's a Lady - AB

級數: Absolute Beginner

編舞者: Annemaree Sleeth (AUS) - July 2022

音樂: She's a Lady - Tom Jones : (Album: She's a Lady)

Start on Word Approximately 16 Beats "All' Want Note I have written this for the students at Sherbrooke U3a Melbourne Australia. This dance is to teach ROCKING CHAIRS RIGHT AND LEFT ALSO A CHANGE STEP\ Tag Beginner Program

S1 [1-8] SIDE, TOGETHER , FORWARD, BRUSH, ROCKING CHAIR

- 1-2 Step Right Side, Step Left Beside Right
- 3-4 Step Right Forward, Brush Left Beside Right
- 5-6 Rock Left Forward, Recover Right
- 7-8 Rock Left Back, Recover Right

S2 [9-16] SIDE, TOGETHER ,FORWARD, BRUSH, ROCKING CHAIR

- 1-2 Step Left Side, Step Right Beside Left x
- 3-4 Step Left Forward, Brush Right Beside Left
- 5-6 Rock Right Forward, Recover Left
- 7-8 Rock Right Back, Recover Left

TAG End Of Wall 5 Facing 9

Change Count 6 To Touch, Restart

S3 [17-24] ¼ L RIGHT & LEFT BACK TOUCHES x2 (9.00)

- 1-2 Turn ¼ Left Step Right Diag Back ,Touch Left Beside Right
- 3-4 Step Left Diag Back, Touch Right Beside Left
- 5-6 Step Right Diag Back, Touch Left Beside Right
- 7-8 Step Left Diag Back, Touch Right Beside Left

S4 [25-32] OUT, OUT, IN, IN, SIDE, TOUCHES X 2

- 1-2 Step Right Out Side, Step Left out Side
- 3-4 Step Right In , Step Left Beside Right
- 5-6 Step Right Side, Touch Left Beside Right,
- 7-8 Step Left Side, Touch Right Beside Left (wgtL)

TAG NEEDED TO PHRASE THE MUSIC

End Of Wall 5 Starts Facing 12.00 Danced Facing 9.00

Dance First 9 counts of dance Change Count 10 To Touch (Instead Of Together)

Dance Finishes facing 6.00 Dance 18 Counts Then ½ Right walk forward to the front Email inlinedancing@gmail.com Youtube site Frederina521 (Annemaree Sleeth)





拍數: 32

牆數:4