

EZ Best Day of My Life

COPPERKNOB
BY SHEETS

拍數: 48 牆數: 2 級數: Beginner
編舞者: Rachelle Wieczorek (USA) - July 2022
音樂: Best Day of My Life - American Authors



S1: MAMBO/SALSA BASIC x 2

1&2 Step Left Foot Forward, replace weight to right foot, step left foot next to right foot
3&4 Step Right Foot Backward, replace weight to left foot, step right foot next to left foot
5&6 Step Left Foot Forward, replace weight to right foot, step left foot next to right foot
7&8 Step Right Foot Backward, replace weight to left foot, step right foot next to left foot

S2: MAMBO/SALSA SIDE BASIC x 2

1&2 Step Left Foot to Left, replace weight to right foot, step left foot next to right foot
3&4 Step Right Foot to Right, replace weight to left foot, step right foot next to left foot
5&6 Step Left Foot to Left, replace weight to right foot, step left foot next to right foot
7&8 Step Right Foot to Right, replace weight to left foot, step right foot next to left foot

S3: MAMBO/SALSA BASIC TURNING LEFT x 2

1&2 Step Left Foot Forward 1/8 turn left, replace weight to right foot, step left foot next to right foot
3&4 Step Right Foot Backward, replace weight to left foot, step right foot next to left foot
5&6 Step Left Foot Forward 1/8 turn left, replace weight to right foot, step left foot next to right foot
7&8 Step Right Foot Backward, replace weight to left foot, step right foot next to left foot

S4: MAMBO/SALSA SIDE BASIC x 2

1&2 Step Left Foot to Left, replace weight to right foot, step left foot next to right foot
3&4 Step Right Foot to Right, replace weight to left foot, step right foot next to left foot
5&6 Step Left Foot to Left, replace weight to right foot, step left foot next to right foot
7&8 Step Right Foot to Right, replace weight to left foot, step right foot next to left foot

S5: WALKING FORWARD AND BACK 1/4 TURN

1-4 Walk Forward Left, Right, Left, Point Right Toe to Right
5-8 Walk Backward Right, Left, Right making a 1/4 Turn Left, Point Left Toe to Left

S6: WALKING FORWARD AND LONG STEP BACK

1-4 Walk Forward Left, Right, Left, Kick Right Forward
5-6 Take One Giant/Long step back on the Right foot
7-8 Tap left foot next to right foot and hold

NOTE: WALL 3 of this song is a short wall by only two beats so end that wall with a small right step back and touch so you can be ready to start the new wall quickly.

Styling Notes

For any new dancer throughout or styling for others on Wall 5 with the drums, change mambo steps from "Rock Step Together" with three weight changes to "Point Step" with only one weight change.

Rachelle Wieczorek - askrachelle@gmail.com