

The Night Has Come

拍數: 32 牆數: 4 級數: Beginner
編舞者: Angels Guix (ES) & Enric Nonell (ES) - June 2022
音樂: Stand by Me - 4 the Cause : (Album: Stand by me)



Note: 32 counts introduction. No tags and no re-start

[1-8] Shuffle forward x2, the V movement

1&2 Step RF forward, step LF together, step RF forward
3&4 Step LF forward, step RF together, step LF forward
5,6 Step RF to right diagonal forward, step LF to left diagonal forward
7,8 Step RF back to center, step LF together

[9-16] ¼ turn pivot to left, cross shuffle, syncopated rock step, syncopated weave

1,2 Step RF forward, ¼ turn left and step on LF
3&4 Cross RF over LF, step LF together, cross RF over LF
5&6& Rock LF to left, recover on RF, cross LF over RF, step RF to right
7&8 Step LF behind RF, step RF to right, cross LF over RF

[17-24] Side rock step (with twist), coaster step, ½ turn pivot to right, shuffle forward

1,2 Rock RF to right letting right heel and hip swivel to the right as a twist, recover on LF
returning hip and heel to center
3&4 Step RF backward, step LF together, step RF forward
5,6 Step LF forward, ½ turn right and step on RF
7&8 Step RF forward, step LF together, step RF forward

[25-32] syncopated rocking chair, jazz box

1&2& Rock RF forward, recover on LF, rock RF backward, recover on LF
3&4& Rock RF forward, recover on LF, rock RF backward, recover on LF
5,6 Cross RF over LF, step LF backward
7,8 Step RF to right, step LF forward

Start again

Note: The step description, on count 17-18, ask to do a "rock step with twist". Twist on right foot while doing the rock step. Let the right heel and hip swivel to the right when rock on right foot, and return to center when recover on left foot. It can be done as a regular rock step without the twist. Also, as it can be seen at the video, one can add a low kick with left foot at the time of rocking on right foot, but it is just an option.

No tag no re-start

Last Update: 10 Oct 2022